



21st Century Community Learning Centers



Family Services Resources

COMMUNITY OUTREACH

Public Library Demonstration: Call your local librarian to schedule a date for a Family Literacy Night.

Librarian can:

- Guide parents on how to complete an application for a library card
- Give details about services the library provides, including ESOL Adult Learning Education, Citizenship Classes, Story Time, and Conversation Circles
- Explain how to access and use the Palm Beach County Public Library website
- Explain the resources offered

Visit: <http://www.pbclibrary.org/locations-and-hours/branches>.

Safe Kids Palm Beach County: A community based program offering education and materials to families to decrease preventable injuries in children. Visit their site to schedule a program at your site or download resources.

Topics include:

- Drowning Prevention
- Home Safety
- Pedestrian Safety
- Bicycle Safety
- Child Passenger Safety

Visit: <http://www.safekids.org/coalition/safe-kids-palm-beach-county>.

Drowning Prevention Coalition of PBC: Request a Water Safety educational seminar for families by completing the following form:
<http://www.pbcgov.com/drowningprevention/registration.htm>. Educational resources also available.

For more information contact dhenness@pbcgov.org or call 561-616-7069.

Visit: http://www.pbcgov.com/drowningprevention/did_you_know.htm.

PBC Fire Rescue Community Education: Offers information and materials to families.

Topics include:

- Fire Safety
- Injury Prevention
- Hurricane Awareness
- First Aid

- Car Seat Checks
- Informational CPR

Call to schedule program:

North County: 561-616-7074

South County: 561-616-7051

Central County: 561-616-7050

West County: 561-616-7049

Literacy Coalition Palm Beach County – Turning Bullies into Buddies: A literature-based character education program for students and their families with a focus on anti-bullying.

Contact:

Nancy Birardi

561-767-3355

NBirardi@literacyabc.org

Visit: <http://www.literacyabc.org/Programs/Turning-Bullies-into-Buddies/>.

Community Partners: Offers a parenting program that provides parent positive solutions for raising children successfully.

Contact:

Nurie Diaz, Coordinator

561-841-3500 ext. 4010

Visit: <http://www.cp-cto.org/parent-childcenter>.

Boys Town – Common Sense Parenting: Provides parents and other caregivers with techniques that can help them build good family relationships, prevent and correct misbehavior, and improve positive behavior. These informative classes are presented in the community and at schools.

Visit: <http://www.parenting.org/common-sense-parenting>.

SDPBC Homeless Education Assistance Resource Team (HEART):

Typical responsibilities of HEART:

- Inform parents, guardians, or youth of educational rights
- Link homeless students with educational and other services, which can include preschool and health services
- Provide school supplies and if needed, school uniforms
- Coordinate district Transportation Services to maintain home school stability
- Ensure Free School Meals (free breakfast and lunch)
- Attend School-Based Team meetings to garner additional student supports
- Provide outreach services to students living in shelters, motels, and other temporary residences

- Assist with summer camp, summer enrichment opportunities
- Facilitate parental involvement specifically oriented to reaching out to parents of homeless students
- Assist with fees for AP, IB and SAT/ACT testing
- Collaborate with other district programs and community agencies to meet additional individual needs of homeless children and youth

Contact:

Nancy Ruiz, Field Coordinator, Central Area Schools

561-731-2821, PX 42821

Nancy.Ruiz@palmbeachschools.org

Visit: <http://www.palmbeachschools.org/sis/heart>.

Center for Child Counseling: In partnership the School District of Palm Beach County, they offer parenting workshops.

For more information call 561-244-9499.

Visit: <http://www.allboutchildren.org/index.php/programs>.

Children’s Home Society of Florida – BRIDGES: Offers various types of family literacy and parenting workshops. They will share activities to help students grow and learn while helping families build strong bonds.

For more information call 561-740-7017.

Visit: <http://www.chsfl.org/page.aspx?pid=691>.

Urban League of Palm Beach County: Offer programs and services for community development.

For more information call 561-833-1461.

Visit: <http://www.ulpbc.org/programs-services/community-development.html>.

Junior Achievement of the Palm Beaches: JA More than Money Program teaches students and parents about earning, spending, sharing, and saving money. It also identifies businesses that students can start or jobs they can perform to earn money. Students play a game to learn money-management skills and to better understand the role and importance of money in their lives. Recommended for grades three through five. Request this free program through your local JA office by returning the class registration form.

Visit: <http://juniorachievement.com/programs>.

Parent University: Parent University is a series of parenting workshops designed to appeal to parents of all ages of children, social background, and educational status. Parent University can be structured in many different ways. Initially, the workshops may be of a more intense nature, say, for example on a monthly basis with several sessions and topic areas for parents to choose from. Once your community embraces the parent university concept, a more “college

like” atmosphere can be created in which workshops are offered on a regular basis similar to semester university offerings. When choosing topics and speakers for your Parent University, it is important to include topics that will appeal to the parents of your 21st CCLC students.

Visit:

<http://www.cms.k12.nc.us/parents/ParentUniv/Pages/WhatisParentUniversity.aspx>.

<http://www.sdpirc.org/content/docs/parentinformationsheets/parentuniversityplanningguide.pdf>.

American Red Cross: Learn, practice and share about Disaster Preparedness with The Pillowcase Project. Download Monster Guard, the App that helps kids stay safe. Follow Maya, Chad, Olivia and all the monsters as they teach kids (aged 7-11) about how to prepare for real-life emergencies—at home plus other environments—in a fun and engaging game. Sponsored by Disney, this free app is available to download on iOS and Android mobile and tablet devices.

Contact:

Rene D Favreau

Rene.Favreau@redcross.org

561-718-4761

Visit:

www.redcross.org.

www.redcross.org/monsterguard.

NetSmartz Workshop: The NetSmartz Workshop is an online, educational resource for kids of all ages and their trusted adults to help foster positive choices when on the Internet and in the real world. The program is designed to be used in homes, schools, and communities. It provides parents, guardians, educators, community leaders, and law-enforcement officials with a wide variety of resources including activities, games, presentations, safety pledges, and videos. These resources help trusted adults build kids’ safety awareness, prevent their victimization, and increase their self-confidence on- and offline.

For more information call 1-888-638-7411.

Visit: www.NetSmartz.org.

The Palm Beach County Sheriff’s Office: Offers a variety of community outreach services, including Anti-bullying and Crime Prevention programs such as Child ID.

Contact:

PBCSO

2601 S. Military Trail, Suite 28

West Palm Beach, FL 33415

561-433-2003 or 561-688-3970

SafeSteps to protect Florida’s children: SafeSteps is designed with parents in mind as they pursue their primary responsibility of protecting the youngest members of their family. This tool is designed to train children-as well as their parents- on child abduction prevention

strategies. They are introduced to the concept of “bad stranger” based on a person’s actions instead of their appearance. SAFE STEPS can assist in minimizing the risks so that families will not suffer a similar fate. This publication contains valuable information and resources that may be of assistance to families.

Visit:

<http://www.myfloridalegal.com/ChildSafety.pdf>.

<http://www.safeflorida.net/SafeFL.nsf/pages/Parents>.

LITERACY

Poetry Workshop: Discuss poetry and the benefits of reading poems with children.

Parents and students can:

- Publish their own poems
- Make a Poetry Quilt
- Engage in Poetry Immersion Stations
- Read poems written by famous Children's Poets such as Shel Silverstein and Jack Prelutsky

Useful links:

<http://teacher.scholastic.com/poetry/>.

http://www.poetrysuitcase.com/Poetry_Suitcase/PoetrySuitcase.com.html.

<http://jackprelutsky.com/>.

Family Poems: Families write a short poem about their family. Share during the Family Service Event.

Vocabulary Workshop: Provide parents with strategies to develop vocabulary with their child.

- Why is vocabulary development important for your child?
- Strategies to help develop vocabulary with your child.
- Design a dictionary or word journal with words and definitions that students have learned.

Family English Exchange Program: Offer families the opportunity to have informal English conversation sessions as a literacy workshop.

Family Alphabet Hunt: Organize a scavenger hunt where children seek out items that begin with certain letters of the alphabet. The hunt can be in the home, classroom, or outside.

Family Author's Party: Parents and children gather to listen to a local author do a guest reading from their book. The reading is followed by Q & A session. Each family leaves with a signed copy of the book.

Family Book Hunt: Make a list of clues that will assist children to find a particular book in the library. The first one to find the book wins a prize.

Family Book Talk: A Book Talk is to convince someone to read a book just as the purpose of a movie trailer is to get someone to see a movie. Book Talks are meant to capture the listener's attention, lead up to a climactic moment, and stop, without giving away important parts in the book. A Book Talk never gives away the ending! A good Book Talk involves the audience so they become not merely listeners, but participants by using props, Q & A, etc.

Book Theme For The Month: Families read a book from a chosen theme (countries, ecosystems, etc.). Students draw a picture of the cover and label the picture with their family name. The book cover illustrations are hung in the classroom.

Culture Surf: Families surf the internet to find out about a culture: country, customs, food, weather, traditional clothing. Children prepare one page of drawings and key words to depict each culture. Create a 21st CCLC world atlas and connect the culture pages with yarn for location affiliation.

Family Biographies: Families pick a grandparent, uncle, aunt or other family member to write a brief biography. They interview the family member with a list of questions about their life (i.e.: birthplace, occupation, marriage, and family). A simple narrative is written and a few photos added. A family biography album can become a fun project for the entire family to do together. It can be a simple or elaborate design, whatever style suits the family.

Family Game Night: Parents and students gather in the classroom with educational board games at each table: Candyland, Chutes and Ladders, UNO, Scategories, Leap Frog Letter Factory, ABC Letter Pre-school Game, Word Bingo, Letter or Word Matching and Memory games, Rhyming games, Quizzler, etc.

Can You Make Me Buy It?: Families collect advertisements from newspapers, mail, etc. A sheet with 3 columns gives a place to list: 1) product or services; 2) why I might buy this product or service; and 3) why I would not buy this product or service. Families brain storm to list as many ideas and reasons as they can. Discussion can include examining the strategies used by the advertiser.

21st CCLC Family Book: Each family prepares one page for a classroom book. Family photos are provided by the families or the photos can be taken in the classroom. Each family page can include a photo, a sentence or two describing the family and drawings representing the family interests/activities. The pages are put together in a book for all the students to view in the classroom. Families can “check-out” the book for an evening.

21st CCLC Family Recipe Booklet: Families write out a favorite dessert or salad recipe and these are compiled into a booklet. A photo of each family can be included. Families prepare their recipe as an at home learning experience and bring their dish to a classroom event. Everyone has an opportunity to “taste” each recipe and the 21st CCLC Family Recipe booklet is copied and prepared for each family to take home.

Family History Story Prompts: The idea is to simply open the floodgates to memory and give the families a fun and quick way to enjoy those memories together. Children interview their parents during a group storytelling session: 1) The teacher asks a question and the students repeat the question to their parents; and 2) A two or three minute timer lets the teacher know when it’s time for the next question.

Here’s some interview question ideas:

- Tell me about your grandpa or grandma.
- Tell me about your first day at school.
- Tell me about a family holiday and one thing that was special you did.
- Tell me about your favorite childhood game and how you played it.

Family Reading Hand-in-Hand: Parents and students trace their hands on bright colored paper. Each name is written on the palm. During a given time period, families write the names of the books they read together on the fingers (one book per finger). The hand-prints are displayed as family groups with the fingers interlocked.

Family Memory Boxes: Families decorate a box to hold special memories. Students write letters to relatives asking them to write a story about when they were younger. Relatives who live close by can be interviewed for stories. A notebook with a list of all family names, birth dates and birth locations is included. Wedding invitations, birth announcements and other

family event memory items are also included. Special “treasures” (i.e.: a sea shell from a trip to the coast) can be included with a note describing why the item is special to the family.

Family Stories: Parents are provided with information and tools that encourage them to share family stories (stories about the grandparents, stories about growing up, etc.). Stories can be recorded or written out. Memory boxes or memory books can be created.

Foreign Traditions: Invite several community members who grew up outside of the US to come and share about traditions from their native lands.

Guest Readers: Guest Readers to come to the classroom or event and read aloud to the group.

Ideas for Guest Readers and VIP guests:

- Public Safety Chiefs (police, sheriff, fire chief)
- Local Government (mayor, city manager, district and state representatives)
- Local Celebrities (news anchor, DJ, talk show host, musician, author, illustrator, etc. – visit their website for information about how to request a personal appearance)
- Local College or High School (administrator, coach, teacher, student, etc.)

Literacy Quilts: A collection of paper squares created by students or families who have all read the same piece of literature. Each square illustrates some theme or favorite part of the text. The squares are taped together to form a “quilt” which reveals a group depiction of the text. These squares will highlight important characters and events and will creatively summarize the text. The quilt can be a celebration of a completed book.

Materials:

- 5x5 inch squares with a ¼ - ½ inch border (The border should be kept white – a name, word, or sentence relating to the image can be written in the border area)
- 6x6 inch squares of colored paper for the completed “quilt” squares to be centered and glued
- Writing/drawing materials
- Colored paper scraps
- Glue
- Tape
- Large wall space for display

Parent Literacy Folder: A parent’s packet containing reading strategies, a reading log, book marks, and a check list of read aloud classic books organized by age groups.

Parent’s Favorite Book Party: Parents bring a favorite book from their childhood. A few short readings are presented from these books. A book list is compiled during the gathering and photocopied for each family to take home. Parents and children have time to read from the books in a comfortable setting.

Reading Station Atmosphere: Set up family reading stations that are decorated to compliment the theme of the book or books in the reading station: jungle, automobile, farm, camping, etc. Parents and children can snuggle and read aloud together while the decorations set the mood for the story. Activity stations that complement the theme would be a great follow-up activity.

What's In A Name?:

- Parents and students identify the letters in their names and work together to list words that begin with the same letter as their first names.
- Parents and students use their name as an acrostic for writing a silly sentence (i.e.: SUSAN – Salamanders Under Socks Are Nasty).
- Parents and students use their name as an acrostic to list food items that begin with the same letters as those in their name.
- Prepare a variety of media for families to make a family poster with their names. Use alphabet pasta, play-doh, craft foam letters, sand paper, chalk, markers, etc.

Teacher's Favorite Book Party: Students and parents gather in the classroom while the teacher does a reading from a favorite book. The teacher also displays and introduces other favorite books. Parents leave with a guide about reading to their children and a book list.

Just Read, Families!: Florida's resources (library, reading, FSA, summer reading lists) for families, children, and educators in English and Spanish.

Visit: www.justreadfamilies.org.

Florida Literacy Coalition: Promotes, supports, and advocates for the effective delivery of quality adult and family literacy services in the state of Florida.

Visit: www.floridaliteracy.org/.

National Center for Family Literacy: Provides information and support about initiatives that support life improvement for the nation's most disadvantaged children and parents.

Visit: www.familylit.org.

Reading Rockets: Offers information and resources on how young children learn to read and what adults can do to help. Resources and publications available in English and Spanish.

Publications include:

- Creating a Home Library
- Finding the Right Book for Your Child
- Rediscover Your Public Library
- Back-to-school, for Parents!
- Children and Digital Media: Rethinking Parent Roles
- Homework Tips for Parents

Visit: www.readingrockets.org.

Colorin Colorado!: This bilingual English-Spanish site provides valuable information, activities, and advice for Spanish-speaking parents and educators of English Language Learners. It is the companion site to Reading Rockets. The site provides resources for families to help their children become better readers and successful students.

Resources include:

- What you can do at home

- Helping your child succeed at school
- Building Strong Parent-Teacher Partnerships

Visit: www.colorincolorado.org.

STEM

South Florida Science Center Math and Science Night: Program offers 20 interactive activities, experiments, and demos. Fee applies.

Visit: <https://www.sfsciencecenter.org/science-nights-at-your-school>.

PTO Today-School Family Science Night: Download the free kit that provides you with resources you may need to organize and run the event, including science experiments and activities.

Visit: <http://www.ptotoday.com/sfn#science-night>.

Florida Power & Light: FPL is excited to support science fairs as a way to inspire young minds and future scientists.

FPL has also partnered with the national Theatre for Children to develop free, live school shows to teach K-5 students all about electricity. "Men in Plaid: The Kilowatt Connection" engages students while teaching them all about energy conservation.

Contact:

Maureen Wilt

Maureen.Wilt@fpl.com

Visit: www.FPL.com/education.

SDPBC Mathematics & Science Fair Information: Download 2016 Elementary Math & Science Fair Parent/Student packages and 2016 District Elementary Mathematics & Science Fair Rules/Handbook in multiple languages. View and print Model Projects.

Visit:

<http://www.palmbeachschools.org/ec/Science/documents/ElementaryMathematicsandScienceFair.asp>.

Discovery Education Science Fair Central: Information about what the parent's role is during the science project process. Help students come up with project ideas and set a timeline.

Visit: <http://school.discoveryeducation.com/sciencefaircentral/index.html>.

PTO Today-School Family Game Night: Families and students will love rediscovering the 'instructional' value of playing games and reconnecting over laughter and fun. Integrate math and science concepts with games such as Monopoly and Kinect.

Visit: <http://www.ptotoday.com/sfn#game-night>.

Make and Take Math/Science Carnival: Host an evening of fun math and science activities the entire family will enjoy. Provide all parents and students the opportunity to experience hands on STEM activities in order to increase their skills. **Seek Assistance from Math Coach (if available).**

Provide a Parent Workshop on Think Central (Go Math!): Demonstrate how to navigate the website and access resources such as online textbook, homework practice book, glossary, virtual manipulatives, and other interactive tools.

Instructional Technology Fair: Host a Family Service Workshop where you teach parents how to access and navigate the instructional technology tools offered by the SDPBC. You may choose to host a series of workshops for programs such as: Destination/Riverdeep, National Geographic, PBS Kids, and FCAT Explorer. Information found on SDPBC Learning Tools page.

Visit: http://palmbeachschools.org/learning_tools/elementary/.

Wells Fargo Hands on Banking Program: Students and parents can benefit from learning about the essentials of financial education, real-world skills, and knowledge. Topics include identifying needs vs. wants, budgeting, saving, and planning for the future. Download free resources such as instructor guide with multiple activities and handouts. Programs are available in English and Spanish.

Visit: <http://www.handsonbanking.org/en/educators.html>.

IBM Reading Companion – Web-based literacy grant initiative that uses voice recognition technology to help children and adults learn how to read.

Users log on to the Reading Companion website and are presented with material to read. An on-screen mentor, or companion, “reads” a phrase to the user and then provides an opportunity for the user to read the material, using a headset microphone. Depending on the accuracy of what was read, the companion provides positive reinforcement (i.e., “You sound great!”), gives the user an opportunity to try again, or offers the correct reading of the words on the screen. As the user’s skill improves, the technology reads less material so that the learner reads more.

Visit: <http://www.readingcompanion.org/>.

10 Tips Nutrition Education Series: The series can provide families with easy to follow tips in a convenient, printable format. They are also available in Spanish.

Visit: <http://www.choosemyplate.gov/healthy-eating-tips/ten-tips.html>.

Team Nutrition: Initiative of the USDA Food and Nutrition Service to support the Child Nutrition Programs through nutrition education for students and their caregivers; and school and community support for healthy eating and physical activity.

Download and request free print materials.

Visit: <http://www.fns.usda.gov/tn/team-nutrition>.

UF-IFAS Extension – The Expanded Food and Nutrition Education Program (EFNEP): Offers a series of free nutrition education classes to limited income families with children birth to 18. A series of eight (8) lessons aims to help families improve their nutrition practices, manage their

food resources, improve their dietary intake, and practice safe food handling. Scheduling available for a free nutrition series.

For more information call 561-233-1742.

Zoo Mobile Outreach Program: The zoo educators present an educational program that includes up-close animal encounters and amazing animal bio-facts. Fee applies.

Visit: <http://www.palmbeachzoo.org/groups-zoomobile>.

Solid Waste Authority: Through the Solid Waste Authority's (SWA) Education Outreach Program the SWA is actively involved in educating the public about the importance of recycling and reducing waste. They offer the following:

- Environmental Lessons
- Staff Trainings
- Special Events
- Educational CD and DVD's
- Activity Sheets
- Reference Materials

For more information call 561-640-8949.

Visit: http://www.swa.org/site/recycling/educational/educational_programs.htm.

4-H School Enrichment and Afterschool Programs: The 4-H Youth Development Program is a program of the University of Florida/FAS in PBC. 4-H provides a wealth of resources to assist educators, students, and families with ensuring the academic and social success of students. 4-H programs offer an array of subjects such as STEM, natural resources, agriculture, healthy living, and citizenship.

For more information call 561-233-1731.

Publix Family Math Night: Experience how math connects to the real world! Families will search the aisles for answers to math questions and apply their math skills on an activity sheet. Families should receive an incentive for completing the "Scavenger Hunt."

Contact your local Publix Grocery Store and speak to the manager.

Visit: <http://store.publix.com/publix/>.

SDPBC School Food Service Department: Invite a guest speaker such as a SFS representative or your very own cafeteria manager to speak on the districts initiative to provide Healthy Meals for all families in the county.

For more information call 561-383-2000.

Visit: www.palmbeachschools.org/sfs.

Reach Out to the Community and Business Partners: Suggestions include local Pediatricians, Dentists, School Nurse, Fitness Instructors, and Blood Mobile to discuss general health and wellness with your 21st CCLC families.

Loggerhead Marineline Center Outreach Opportunities: The Marineline Center offers interactive presentations regarding ocean conservation and educational exploration. They can customize their outreach program to meet the needs of your school site. Fees apply.

Contact:

Demi Fox, Outreach Coordinator

561-627-8280 ext. 107

dfox@marinelife.org