**FY23 Wellness Promotion Policy (2.035) REQUIRED SCHOOL ASSESSMENT**

**Directions:** This comprehensive assessment is intended to collect information about your school's implementation progress of the District's Wellness Promotion Policy (2.035).

This Policy strengthens a unified and collaborative effort of promoting and improving learning and health, and supports the principles of the "Whole School, Whole Community, Whole Child" (WSCC) model. This required assessment tool incorporates questions from each of the ten WSCC components (refer to image below) that are vital for positive results in learning and health for our students and our staff of The School District of Palm Beach County.

If you cannot complete the entire form at once, responses can be changed after being submitted.

Thank you for your commitment and time on this task.

* - Required Questions

**DISTRICT’S WSCC IMAGE:**
**School Name:** *

*Mark only one oval.*

- [ ] A.W. Dreyfoos School of the Arts
- [ ] Academy for Positive Learning *
- [ ] Acreage Pines Elementary
- [ ] Addison Mizner Elementary
- [ ] Allamanda Elementary
- [ ] Atlantic Community High
- [ ] Bak Middle School of the Arts
- [ ] Banyan Creek Elementary
- [ ] Barton Elementary
- [ ] Beacon Cove Intermediate
- [ ] Bear Lakes Middle
- [ ] Believer's Academy *
- [ ] Belle Glade Elementary
- [ ] Belvedere Elementary
- [ ] Ben Gamla *
- [ ] Benoit Farms Elementary
- [ ] Berkshire Elementary
- [ ] Binks Forest Elementary
- [ ] Blue Lake Elementary
- [ ] Boca Raton Elementary
- [ ] Boca Raton Community High
- [ ] Boca Raton Community Middle
- [ ] Boynton Beach Community High
- [ ] BridgePrep Academy of Palm Beach *
- [ ] Calusa Elementary
- [ ] Carver Community Middle
- [ ] Cholee Lake Elementary
- [ ] Christa McAuliffe Middle
- [ ] Citrus Cove Elementary
- [ ] Clifford O. Taylor/Kirkland Elementary
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<thead>
<tr>
<th>School Name</th>
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<tbody>
<tr>
<td>Glade View Elementary</td>
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<td>Golden Grove Elementary</td>
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<td>Gove Elementary</td>
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<td>Greenacres Elementary</td>
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<td>Grove Park Elementary</td>
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<td>G-Star School of the Arts *</td>
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<td>Gulfstream Goodwill Transition to Life Academy *</td>
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<td>Hagen Road Elementary</td>
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<td>Hammock Pointe Elementary</td>
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<td>Heritage Elementary</td>
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<td>Hidden Oaks (K-8) Elementary</td>
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<td>Highland Elementary</td>
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<td>Hope-Centennial Elementary</td>
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<td>Howell L. Watkins Middle</td>
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<td>Indian Pines Elementary</td>
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<td>Indian Ridge School *</td>
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<td>Inlet Grove High *</td>
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<td>Intensive Transition South</td>
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<td>J.C. Mitchell Elementary</td>
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<td>Jeaga Middle</td>
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<td>Jerry Thomas Elementary</td>
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<td>John I. Leonard Community High</td>
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<td>John. F. Kennedy Middle</td>
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<td>Jupiter Elementary</td>
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<td>Jupiter Farms Elementary</td>
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<tr>
<td>Jupiter Community High</td>
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<td>Jupiter Middle</td>
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<tr>
<td>K.E. Cunningham/Canal Point Elementary</td>
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<td>L.C. Swain Middle</td>
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Lake Park Elementary
Lake Shore Middle
Lake Worth Community High
Lake Worth Middle
Lantana Elementary
Lantana Middle
Liberty Park Elementary
Lighthouse Elementary
Limestone Creek Elementary
Lincoln Elementary
Loggers Run Community Middle
Loxahatchee Groves Elementary
Manatee Elementary
Marsh Pointe Elementary
Meadow Park Elementary
Melaleuca Elementary
Montessori Academy of Early Enrichment *
Morikami Park Elementary
New Horizons Elementary
North Grade (K-8)
Northboro Elementary
Northmore Elementary
Okeeheelee Middle
Olympic Heights Community High
Olympus International Academy *
Omni Middle
Orchard View Elementary
Osceola Creek Middle
Pahokee Elementary
Pahokee Middle-Senior High
Palm Beach Central High
Palm Beach Gardens Elementary
Water's Edge Elementary
Watson B. Duncan Middle
Wellington Elementary
Wellington Community High
Wellington Landings Middle
West Boca Raton Community High
West Gate Elementary
West Riviera Elementary
Western Academy *
Western Pines Middle
Westward Elementary
Whispering Pines Elementary
William T. Dwyer High
Woodlands Middle
Wynnebrook Elementary

School # *

School Level: *
Mark only one oval.

- Elementary School
- Middle School
- High School
- Combo: K-8 School
- Combo: K-12 School
First & Last Name: *

Position: *

Mark only one oval.

☐ Principal
☐ Assistant Principal
☐ Confidential Secretary
☐ Data Processor
☐ Physical Education Teacher
☐ School Food Service Manager
☐ School Counselor
☐ Behavioral Health Professional
☐ School Psychologist
☐ Exceptional Student Education (ESE) Coordinator
☐ Other

In addition to your position, are you the Designee for any of the below capacities: *

Check all that apply.

☐ School Wellness Champion
☐ School Green Champion
☐ Healthy School Team (HST) Lead
☐ School Based Team (SBT) Lead
☐ Positive Behavior Support (PBS) Internal Coach
☐ Skills for Learning and Life (SLL) Lead
☐ School Mental Health Team
☐ Other: ___________________________
Currently, does someone at your school oversee the Healthy School Team (HST) meetings and activities?

*Mark only one oval.*

- [ ] Yes
- [ ] No

Are you aware of the HST Hub page and the HST email that are available for you to receive HST support?

*Mark only one oval.*

- [ ] Yes
- [ ] No

**PHYSICAL EDUCATION & PHYSICAL ACTIVITY:**

[Diagram of Physical Education & Physical Activity]

10/36
1. Do you know that under Florida Statute (1003.455) and through the District’s Wellness Promotion Policy (2.035) that elementary physical education is required for 150 minutes per week and that recess is separately required for 100 minutes per school?

*Mark only one oval.*

☐ Yes

☐ No

2. Do you know that the District’s Teaching and Learning Division offers professional development training for the K-12 Physical Education Teachers?

*Mark only one oval.*

☐ Yes

☐ No

3. Do you know that the District’s Teaching and Learning Division has Resource Teachers that can model age appropriate standard based lessons at your school?

*Mark only one oval.*

☐ Yes

☐ No
4. Do you believe the District supports your efforts to integrate nutrition education topics into the school day? *

*Mark only one oval.*

- [ ] Strongly Agree
- [ ] Agree
- [ ] Neutral
- [ ] Disagree
- [ ] Strongly Disagree

5. Please indicate the nutrition education strategies being implemented in your *dining room and serving line(s).* 

*Check all that apply.*

- [ ] Posters
- [ ] Flyers
- [ ] Food Sampling
- [ ] Health Fair
- [ ] None
- [ ] Other: ____________________________
6. Select the ways in which you share nutrition information with families and the community.

*Check all that apply.*

- Open House
- PTA Meetings
- Emails
- Phone Calls
- Text Messages
- Other: ____________________________

7. Do you believe the District supports the expansion of programs and initiatives that enhance nutrition education for students, staff, and/or families?

*Mark only one oval.*

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

8. Nutrition information for products served in the cafeteria is readily available and easily accessible.

*Mark only one oval.*

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree
9. Does your school use food as a reward? *

Mark only one oval.

☐ Yes
☐ No

If yes, please explain why?

_____________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

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If no, how do you reward your students?

_____________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

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10. Does your school use food as a punishment? *

Mark only one oval.

☐ Yes
☐ No
11. Does your school use strategies to maximize participation in the School Breakfast Program (SBP)?

*Mark only one oval.*

- Our school offers breakfast after the bell, breakfast in the classroom, and/or grab and go to the classroom models.
- Our school offers breakfast served and consumed in the cafeteria.
- Other: ____________________________

12. Do all food and beverages sold or offered during the school day through vending machines, school stores, and/or food fundraisers (unless these food fundraisers are utilizing your school level food exemptions) meet the USDA’s Smart Snacks in School Nutrition Standards?

*Mark only one oval.*

- Yes
- No

13. Are students provided at least 15 minutes after receiving their breakfast to consume their breakfast meals?

*Mark only one oval.*

- Yes
- No

14. Are students provided at least 20 minutes after receiving their lunch to consume their lunch meals?

*Mark only one oval.*

- Yes
- No
15. Are students that arrive late from walking to school or the parent drop off are offered the opportunity to receive and consume their breakfast meal?

Mark only one oval.

☐ Yes
☐ No

16. Are students that arrive late on the bus are offered the opportunity to receive and consume their breakfast meal?

Mark only one oval.

☐ Yes
☐ No

17. Is your school registered with Team Nutrition? *

Mark only one oval.

☐ Yes
☐ No

18. What percentage of your classrooms have recess scheduled before lunch? *

Mark only one oval.

☐ 0 - 25%
☐ 25% - 50%
☐ 50% - 75%
☐ 75% - 100%
☐ Not Applicable
19. How many scheduled lunch periods do you have for students? *

________________________________________________________________________

20. On average how many students are scheduled in each lunch period? *

________________________________________________________________________

COUNSELING, PSYCHOLOGICAL & SOCIAL SERVICES:

Universal Supports: Does my school have or is my school developing...
Universal Behavioral and Mental Health core (Tier 1) supports that all students receive within schools.

21. Behavioral health, mental health, and wellness learning opportunities that are * available to students (e.g. classroom lessons, school-wide approaches) delivered by classroom teachers and/or school based mental health professionals (e.g. School Counselors, School Behavioral Health Professionals, School Behavioral Health Professionals, School Psychologists) are:

Mark only one oval.

☐ In Place
☐ Somewhat in Place
☐ Not in Place
22. School-wide positive behavior practices that support the development of * resiliency and positive relationships are:

*Mark only one oval.*

- In Place
- Somewhat in Place
- Not in Place

23. School-based professionals (e.g. School Counselor, School Behavioral Health * Professional, School Psychologist, Co-located Mental Health Professional), and teams (e.g. Mental Health Team, Positive Behavior Support Team) that provide universal/core supports are:

*Mark only one oval.*

- In Place
- Somewhat in Place
- Not in Place

**Targeted Supports: Does my school have or is my school developing...**

Targeted Behavioral and Mental Health Supports, Tier 2 supports, that some students receive based on unmet needs or behavioral and mental health challenges within schools.

24. A system of tiered supports (Core, Supplemental, Intensive) for school staff to * strategize social, emotional, mental and behavioral health interventions for students and families that are strength-based, solution focused, trauma informed, culturally responsive, and focused on factors that school can impact are:

*Mark only one oval.*

- In Place
- Somewhat in Place
- Not in Place
25. Social, emotional, mental and behavioral health, and wellness interventions for students in need (e.g. small group counseling, check in/check out) are:

*Mark only one oval.*

- In Place
- Somewhat in Place
- Not in Place

26. School-based professionals (e.g. School Counselor, School Psychologist) * provide and teams (e.g. Mental Health Team, School Based Team, Child Study Team) coordinate targeted/supplemental supports (e.g. small group counseling) where needed are:

*Mark only one oval.*

- In Place
- Somewhat in Place
- Not in Place

27. School-based professionals (e.g. School Counselor, School Psychologist, Co-located Mental Health Professional) provide and teams (e.g. Mental Health Team, School Based Team) coordinate intensive supports (e.g. individual counseling) where needed are:

*Mark only one oval.*

- In Place
- Somewhat in Place
- Not in Place

**Intensive Supports: Does my school have or is my school developing...**

Intensive Behavioral and Mental Health Supports are Tier 3 supports that few students experiencing mental health challenges, with a mental health diagnosis or are at risk of a mental health diagnosis receive within schools or in collaboration with community agency partners.
28. School staff are aware of and know how to access available mental and behavioral health services for their students and families.

Mark only one oval.

☐ In Place
☐ Somewhat in Place
☐ Not in Place

29. All students know where to go for resources and support when they or a friend are experiencing a mental health challenge or crisis.

Mark only one oval.

☐ Yes
☐ No

30. Staff have been trained in ways to appropriately respond to students who experience a mental health challenge or crisis.

Mark only one oval.

☐ In Place
☐ Somewhat in Place
☐ Not in Place

31. The school has professionals available and plans in place for students during and after a mental health challenge or crisis.

Mark only one oval.

☐ In Place
☐ Somewhat in Place
☐ Not in Place
32. Members of the school-based Mental Health Team have been selected and the remaining staff members are aware of who they are.

*Mark only one oval.*

- [ ] Yes
- [ ] No

33. Staff know and follow a clear process for referring students to the Mental Health Team.

*Mark only one oval.*

- [ ] Strongly Agree
- [ ] Agree
- [ ] Neutral
- [ ] Disagree
- [ ] Strongly Disagree

34. School staff are aware of and know how to access available mental and behavioral health services for themselves and their own families.

*Mark only one oval.*

- [ ] Yes
- [ ] No
35. Does your school promote mental health awareness to reduce stigma associated with mental health challenges through messaging (e.g. It’s OK to be OK, It’s OK to not be OK, It’s OK to ask for help) and/or Suite 360 lessons.

*Mark only one oval.*

- [ ] Yes
- [ ] No

**SOCIAL & EMOTIONAL CLIMATE:**

36. Does your school have a time and space to teach Skills for Learning and Life (SLL) competencies and skills?

*Mark only one oval.*

- [ ] Yes, my core academic subject area teachers teach SLL.
- [ ] Yes, my school counselor teaches SLL.
- [ ] No, not at this time.
- [ ] Other: ________________________________
37. Does your school participate in the "We're ALL In" campaign supporting* welcoming and inclusive school campuses by staff wearing "We're ALL In" Badges or displaying posters?

*Mark only one oval.

☐ Yes
☐ No

38. Does your school have a Gay Straight Alliance or Genders and Sexualities * Alliance (GSA) Club to support LGBTQ students?

*Mark only one oval.

☐ Yes
☐ No

39. Does your school have a Safe School Ambassadors (SSA) Program? *

*Mark only one oval.

☐ Yes
☐ No

40. Does your school have a "We Dine Together" program? *

*Mark only one oval.

☐ Yes
☐ No
41. Does your school have a Black Student Union? *

Mark only one oval.

☐ Yes
☐ No

HEALTH EDUCATION:

42. Identify one way in which the District promotes and communicates * information regarding sun-safety practices during school and at school-sponsored activities.

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43. Does your school teach the Human Growth and Development curriculum (as required by components of Florida Statutes Section 1003.42(n) and the Science Scopes and Sequence)?

*Mark only one oval.*

- ☐ Yes
- ☐ No

44. Do all teachers of health education use a variety of culturally-appropriate activities and examples that reflect the community’s cultural diversity?

*Mark only one oval.*

- ☐ Yes
- ☐ No

**HEALTH SERVICES:**
45. The District provides safe and adequate health services and resources to * promote student wellness and readiness to learn.

Mark only one oval.

- [ ] Strongly Agree
- [ ] Agree
- [ ] Neutral
- [ ] Disagree
- [ ] Strongly Disagree

46. The School Health Services Plan is required by Florida Statute and identifies * services and health screening that promote student health. Do you know which two (2) community partners your school collaborates with to accomplish these goals?

Mark only one oval.

- [ ] Yes
- [ ] No

If yes, what are the names of the community partners?

________________________________________

47. Who is responsible for student Health Services in your school's clinic on most * days?

Mark only one oval.

- [ ] Full-time Registered Nurse (RN)
- [ ] Part-time Registered Nurse (RN)
- [ ] Certified Nursing Assistant (CNA)
- [ ] Clinic Designee
EMPLOYEE WELLNESS:

Healthy food options are available at most or all staff meetings and celebrations, and in staff vending machines (if you have vending machines just for staff).

Healthy food options are NOT available at most or all staff meetings and celebrations, and/or in staff vending machines. We would like assistance to improve in this area in order to comply with the Wellness Promotion Policy (2.035).

We are in the process of improving our healthy food options on campus for employees in staff meetings, celebrations, and vending machines, and will reach out to Employee Wellness for assistance if needed.

Other:

48. Please choose the answer that BEST describes your school/location in regards to food options for EMPLOYEES:

Mark only one oval.

☐ Healthy food options are available at most or all staff meetings and celebrations, and in staff vending machines (if you have vending machines just for staff).

☐ Healthy food options are NOT available at most or all staff meetings and celebrations, and/or in staff vending machines. We would like assistance to improve in this area in order to comply with the Wellness Promotion Policy (2.035).

☐ We are in the process of improving our healthy food options on campus for employees in staff meetings, celebrations, and vending machines, and will reach out to Employee Wellness for assistance if needed.

☐ Other: ________________________________
49. Does your school have a relaxation room or space for staff to go to unwind during the day that is inviting and/or well-utilized? Please choose one of the following:

*Mark only one oval.*

- ☐ Yes, we have a space on campus that has been upgraded or renovated and is inviting and utilized by staff throughout the day.
- ☐ We have a space for staff to go to but it needs some work to make it more inviting.
- ☐ We do not have a space for staff to go to unwind during the day.
- ☐ Other: ____________________________

**PHYSICAL ENVIRONMENT:**

**Asbestos:**

50. Where is your school’s Asbestos Management Plan located? *
51. Are you aware that your custodians need to complete an annual Asbestos Awareness training?  
*Mark only one oval.*

☐ Yes  
☐ No

Indoor Air Quality (IAQ):

52. Does your school have a designated employee who is responsible for Indoor Air Quality (IAQ) issues? This person is also responsible for walking the campus during breaks to identify & report IAQ issues.  
*Mark only one oval.*

☐ Yes  
☐ No

If yes, what is their name and position title?

__________________________________________________________

53. Have you shared "Indoor Air Quality (IAQ) Tips for Teachers" with your employees?  
*Mark only one oval.*

☐ Yes  
☐ No

*Mark only one oval.*

- [ ] Yes, I have read Tips for Teachers
- [ ] I need more time to read Tips for Teachers and would like to request a followup reminder.

55. Does your school have a designated electronic waste storage area? *

*Mark only one oval.*

- [ ] Yes
- [ ] No

56. Do you know the e-waste collection process? *

*Mark only one oval.*

- [ ] Yes
- [ ] No

57. What items does your school currently recycle? (commingled, paper, cardboard, etc.)
58. Where are used fluorescent tube light bulbs stored? *

---

59. Have you had a light bulb pickup within the past year? *

*Mark only one oval.*

- [ ] Yes
- [ ] No

60. Are you aware that your mechanical rooms cannot be used for storage? *

*Mark only one oval.*

- [ ] Yes
- [ ] No

**Sustainability:**

61. Does your school have a designated Green Champion? Green Champions *serve as the point of contact for sustainability related communication with Environmental Conservation Services (ECS).*

*Mark only one oval.*

- [ ] Yes
- [ ] No
If yes, what is their name and position title?

________________________________________________________________________

62. What percentage of your teachers incorporate the outdoors as a learning space for students?

*Mark only one oval.*

- [ ] 0% - 25%
- [ ] 26% - 50%
- [ ] 51% - 75%
- [ ] 76% - 100%

63. Please explain how your teachers incorporate the outdoors as a learning space for students. For example: gardening, creating native habitats, preserving space for protected species etc.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

64. Are you aware that the District’s Garden Collaboration Team email support is available to you for school gardens?

*Mark only one oval.*

- [ ] Yes
- [ ] No
65. Do you believe the District supports your effort to incorporate school gardens on your campus?

*Mark only one oval.*

- [ ] Strongly Agree
- [ ] Agree
- [ ] Neutral
- [ ] Disagree
- [ ] Strongly Disagree

66. Are you aware that the District Hub has a 'School Gardens' page that includes the latest 'School Garden Guide'?

*Mark only one oval.*

- [ ] Yes
- [ ] No


*Mark only one oval.*

- [ ] Yes
- [ ] No
68. Has your school completed and submitted the annual chemical inventory in compliance with bulletin # PD 16-077 COO?  

**Mark only one oval.**

- Yes
- No

**FAMILY ENGAGEMENT:**

69. Does your school communicate with all families regarding their children at all levels of academic, social-emotional, and health-related concerns, using a variety of communication methods?  

**Mark only one oval.**

- Yes, all families are communicated with regarding their children at all levels of academic, social-emotional, and health related concerns using a variety of communication methods.
- All families are communicated with using a variety of communication methods, but not at all levels of academic, social-emotional, and health related concerns.
- Our school only uses very few methods to communicate about social-emotional and health related concerns.
- Our school does not communicate with families, or families receive communications solely about academic subjects but not about social-emotional and health related concerns.
70. Does your school collaborate with local community organizations or businesses to engage students and their families in health promotion activities?

*Mark only one oval.*

- Yes, our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for all school health initiatives.
- Our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for most school health initiatives.
- Our school collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities, for some school health initiatives.
- No, our school does not collaborate with local community organizations or businesses to promote and engage students and their families in health promotion activities for school health initiatives.

71. Are you aware that the District’s Hunger Relief Collaboration Team (HRCT) email support is available to you for hunger relief programs such as backpacks, food boxes, and/or food pantries?

*Mark only one oval.*

- Yes
- No
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