## **Autism Spectrum Disorder**

 FAU Center for Autism and Related Disabilties The FAU Center for Autism and Related Disabilities (CARD) provides expert consulting, training and support, at no charge, for people with autism and related disabilities, their families and the professionals serving them.

#### **Benefits & Public Assistance**

- 211 211 Palm Beach/Treasure Coast assists people in need by providing information on available health and human service programs, referral, crisis intervention and community education 24 hrs.a day, 7 days a week.
- ACCESS FL Automated Community Connection to Economic Self-Sufficiency To Apply for Medicaid, Food Stamps, etc.
- CMS Center for Medicare and Medicaid Services
- Medicare The Official U.S. Government Site for People with Medicare
- Navigate PBC Resources and Programs-The goal of Navigate PBC is to improve navigation of the health and human services system, increase and enhance linkage to necessary services and resources and strengthen the eligibility system in Palm Beach County resulting in improved access to care for residents of the County.
- Palm Tran PBC public transit bus system
- PBC Health Care District Healthcare coverage for eligible PBC residents who do not receive &/or cannot afford health insurance.
- Social Security The official website of the U.S. Social Security Administration

#### **Crisis**

- Palm Beach County CIT CIT is a community partnership between law enforcement agencies, the local mental health and substance abuse treatment systems, mental health advocacy groups, and consumers of mental health services and their families. CIT is more than just training. It establishes teams of trained officers within each law enforcement agency to respond effectively to people with mental illnesses, including those with co-occurring substance use disorders that are in crisis. Over 700 law enforcement officers are now received this training in Palm Beach County. One should dial 911 and ask for a CIT Officer to respond to the call, possibly diverting the person to a treatment facility rather than to jail.
- Mobile Crisis Provides emergency intervention, de-escalation, screening and
  assessment for individuals in emotional distress. Services are available 24 hours a
  day, 7 days a week. Mobile Crisis will go out into the community/home and assess
  the situation. They may recommend community resources or, if they feel that there
  is a danger to self or others, they may determine that the individual needs to be
  Baker Acted. If that is the case, they will call the police to transport the individual to

the closest Baker Act receiving hospital. Jerome Golden Mobile Crisis (northern part of county) 561-383-5777 or 877-435-4740 (toll free)Jerome Golden Mobile Crisis (Glades area) 561-992-8707

South County Mobile Crisis (southern part of county) 561-637-2101 or 877-858-7474 (toll free)

NAMI Crisis Guide

### **Counseling / Support Services**

- Alliance for Eating Disorders Awareness We offer educational presentations, support
  groups for those struggling and for their family and friends, advocacy for mental
  health legislation, a toll-free national phone help line, as well as referrals, training,
  support, and mentoring services, all free of charge.
- Alpert Jewish Family and Children's Services AJFCS is a nationally-accredited, nonsectarian agency serving individuals and families of all ages. With over two dozen focused programs, we have created a seamless network for helping families cope with life's challenges.
- Alzheimer's Community Care, Inc. A Florida-based not-for-profit organization that
  provides specialized care to patients with Alzheimer's and related disorders, and
  their caregivers. ACC is an innovative model of care that provides affordable
  services and resources to patients and their families, while preserving their dignity.
  ACC offers specialized adult day care, family nurse consultants, support groups, 24hour crisis line, and dementia-specific education and training.
- Catholic Charities Catholic Charities of the Diocese of Palm Beach is a
  comprehensive non-profit family service organization with offices located in
  Okeechobee, Martin, Palm Beach, Indian River, and St. Lucie Counties. All services
  are available on a non-discriminatory basis to eligible clients regardless of religious
  affiliation or ethnic origin. It offers counseling services on a sliding scale fee. Spanish
  speaking counselors are available at some locations.
- Center for Child Counseling
- Center for Family Services Palm Beach County Through CFS's array of services and collaborations with other human service agencies, the Center seeks to facilitate positive change in families and consequently to communities to provide stable households for growth, health and prosperity. The benefits of services provided by CFS provide a mechanism for disadvantaged family units, parents, teenagers and children to lift themselves out of a cycle of psychological and economic poverty. CFS strives to preserve and strengthen individual and family life through professional, affordable counseling, early childhood education and homelessness prevention.
- Chrysalis Center, Inc. Provides mental health and substance abuse counseling and targeted case management to children, adolescents and adults. Services include individual, family, and group therapy, day programs, psychiatric evaluations, medication management, psychological testing, and psychosexual evaluations.
- Coalition for Independent Living Options, Inc. (CILO, Inc.) CILO's mission is to promote independence for people with disabilities. CILO offers advocacy, information and referral, independent living skills, mental health counseling, peer

- support and group counseling as well as victim's advocacy, after school and summer programs.
- Community Partners Children's Community Mental Health Center serving Palm Beach County and offering an array of services to children.
- FAU Center for Autism & Related Disabilities (CARD) The FAU Center for Autism
  and Related Disabilities (CARD) provides expert counseling, training, and support, at
  no charge, for people with autism and related disabilities, their families, and the
  professionals serving them.
- Faulk Center for Counseling Since 1973, the Faulk Center for Counseling has
  provided free and low cost quality mental health services in the South Palm Beach
  community.
- Mental Health Association of Palm Beach County MHA works to improve understanding about issues related to mental health through advocacy, education, research, and outreach. MHA programs include: Listen to Children Mentors, Beacon Centers, and Peer Place Drop-In Center.
- Multilingual Psychotherapy Centers, Inc. Multilingual Psychotherapy Centers is a
  comprehensive mental health center that has been serving residents of Palm Beach
  County for over 10 year. Our staff speaks more than 10 languages, including
  Spanish, French, Creole, and Italian. We offer medical/psychiatric services,
  psychological testing, individual/family/group therapy in the office, home, and school
  settings, as well as support and case management services.
- Palm Beach Behavioral Health and Wellness Palm Beach Behavioral Health and Wellness is a comprehensive behavioral health practice servicing children, adolescents, adults, families, and couples. We provide therapeutic services, developmental, psychological, and psychoeducational testing.
- Ruth & Norman Rales Jewish Family Services Provides a comprehensive range of out-patient counseling and support services for bereavement, families of individuals living with mental illness, and caregivers. Accepts insurance and offers sliding scale fees.

### Guardianship

- Academy of Florida Elder Law Attorneys
- National Guardianship Association
- Statewide Public Guardianship Office

# Hospitals and Mental Health Centers

 GEO/South Florida State Hospital (ASH/SFSH) ASH/SFSH is the state owned, privately managed, psychiatric hospital for the Department of Children and Families, Districts 8, 9, 10, 11, 14, and 15. There are 325 beds for severely and persistently mentally ill people who cannot be successfully treated in a less restrictive setting in the community.

- Jerome Golden Center The mission of the Jerome Golden Center is to help clients build resiliency, facilitate recovery, and achieve reintegration into the community by designing and delivering behavioral healthcare services that meet their needs and expectations.
- JFK Medical Center (Main Campus) Their 31-Bed Unit combines an environment of safety and comfort for patients. Their program is designed to provide individualized treatment based upon each patient's clinical needs. They provide adult acute psychiatric inpatient care and are a designated Baker Act receiving facility. They treat a wide variety of behavioral health diagnoses in a calm and soothing environment.
- JFK North The Department of Psychiatry and Behavioral Health Services offers comprehensive psychiatric and behavioral health services. The 88-bed inpatient unit is located adjacent to the hospital. Psychiatric needs of children, adolescents, adults and seniors are assessed and treated through a full range of programs that include individual therapy, group therapy, family therapy, medication management, and aftercare. An intensive outpatient program and a partial hospitalization program are also offered. The Pavilion is the largest licensed Baker Act receiving facility that accepts children in Palm Beach County.
- South County Mental Health Center South County Mental Health Center is a private, non-profit corporation chartered by the State of Florida in 1974. Since its creation, South County has provided quality mental health services to our community in a manner which enhances and preserves human dignity. The Center has been able to achieve its
- St. Mary's Institute for Mental Health Provides inpatient hospitalization for adults 18
  and over and has a special geropsychiatric unit as well as alcohol and drug
  detoxification. Intake is available 24-hours a day and psychiatric emergency
  response is available. The institute is a private Baker Act receiving facility and
  accepts involuntary patients for evaluation. Referrals from physicians, psychologists,
  mental health clinicians.
- West Palm Beach VA Medical Center Provides comprehensive primary and longterm care in areas such as neurology, oncology, pharmacy, dentistry, physical medicine, psychiatry, rehabilitation, surgery, and extended care for Veterans. The West Palm Beach VA Medical Center also operates a Blind Rehabilitation Center which is the referral center for Veterans who are blind and/or visually impaired throughout the state of Florida.

## Housing and Homeless in PBC

- Adopt-A-Family Adopt-A-Family is a not-for-profit, charitable organization established in 1983 dedicated to restoring families in crisis to stability and self-sufficiency by providing access to all-encompassing services to families and their children.
- Center of Hope The Salvation Army Center of Hope
- FL Assisted Living Coalition FL Assisted Living Coalition
- Homeless Coalition PBC The Homeless Coalition of Palm Beach County Attempts to identify, prevent, and alleviate the conditions that cause individuals and families to become homeless in Palm Beach County by advocating for and promoting a level of

- assistance that will result in the self-sufficiency of those affected. Provides referrals for clients when necessary and an information network for agencies.
- Housing Partnership Affordable Housing and also for Special Needs Housing Partnership has developed an array of innovative ad economically sustainable paths to affordable housing and community living for low to moderate income families, as well as for those with special needs. Our dedicated staff of professionals operates onsite in communities throughout the county and is headquartered in Riviera Beach, Florida.
- Levine Jewish Residential & Family Service LJRFS provides a continuum of structures and supports for adults with special needs, including sever and persistent mental illness. Our two group homes and world class supported independent living program offer 24/7 support and programs designed to maximize individual's levels of functioning.
- Navigate PBC Resources and Programs. The goal of Navigate PBC is to improve navigation of the health and human services system, increase and enhance linkage to necessary services and resources and strengthen the eligibility system in Palm Beach County resulting in improved access to care for residents of the County.
- Palm Beach County Housing Authority The mission of the Palm Beach County
  Housing Authority is to be a leading Palm Beach County housing agency assisting
  with affordable housing (low-income and moderate-income) needs of families, the
  elderly, and individuals with disabilities, as these residents are striving for selfsufficiency and/or independent living. PBCHA resolves to collaborate and partner
  with key stakeholders that also share the mission of affordable housing, selfsufficiency, and independent living.
- Senator Philip D. Lewis Center Palm Beach County's central point of entrance for homeless individuals to receive services. The center offers intake, assessment, medical services, shelter beds, vocational placement, and life skills training.
- St. Ann Place St. Ann Place is the Church's outreach center for services to homeless women and men. St. Ann Place's mission is to witness gospel values by providing a comfortable, clean, safe place where clients receive services in a dignified and respectful manner regardless of race, religion, or gender.
- The Lord's Place The Lord's Place is dedicated to breaking the cycle of homelessness. We assist homeless families and individuals through a variety of programs and services, including interim housing, permanent housing, intensive case management, job training, reentry, and numerous support services.

# Legal

- ABA America Bar Association Commission on Mental & Physical Disability Law
- ADA Americans With Disabilities Act
- Baker Act FS 394 The Baker Act
- Clerk of Court To File an Ex Parte Order/COBA (Court-Ordered Baker Act)
- HIPAA Health Insurance Portability and Accountability Act of 1996
- Legal Aid Society Legal Aid Society of PBC
- Marchman Act Marchman Act

- Mental Health Bill of Rights American Psychological Association The purpose of this section is to promote the interests and well-being of patients and to promote better communication between the patient and the health care provider.
- Public Defender Office of the Public Defender, 15th Judicial Circuit
- State Attorney's Office State Attorney for the Fifteenth Judicial Circuit (Palm Beach County)
- Special Needs Alliance Non-profit organization of attorneys practicing public benefits and disability law. This site offers current and reliable info on special needs planning. Partnered with NAMI.

# **PBC Baker Act Receiving Facilities**

- Jerome Golden Behavioral Health Center Jerome Golden Behavioral Health Center-Adults
- JFK Behavioral Health Medical Center- The Pavilion
- South County Mental Health Center South County Mental Health Center, Inc.
- St. Mary's Institute of Mental Health Institute for Mental Health at St. Mary's Medical Center- Adults

### **Peer Support**

- Active Minds a nonprofit organization dedicated to raising mental health awareness among college students, on the peer level.
- Alpert Jewish Family & Children Services Alpert Jewish Family Services offers a
  continuum of focused programs addressing the well-being of children and families of
  all ages, including residential programs and counseling services.
- Amigos a Drop-in Center that offers adult social, recreational, supportive education, consumer self-help, networking and peer support activities (job club and wellness group) as well as referral services
- FL Self-Directed Care
- Healthy Place HealthyPlace.com is the largest consumer mental health site, providing comprehensive, trusted information on psychological disorders and psychiatric medications from both a consumer and expert point of view. We have an active mental health social network
- Mental Health Self-Help National Mental Health Consumers' Self-Help Clearinghouse
- Navigate PBC Resources and Programs. The goal of Navigate PBC is to improve
  navigation of the health and human services system, increase and enhance linkage
  to necessary services and resources and strengthen the eligibility system in Palm
  Beach County resulting in improved access to care for residents of the County.
- Peer Assistance Directory
- Peer Place-Mental Health Association of PBC MHA works to improve understanding about issues related to mental health through advocacy, education, research, and outreach. MHA programs include: Listen to Children Mentors, Beacon Centers, and Peer Place Drop-In Center.

- Peer Support Coalition of Florida
- Peer Resources Peer Resources
- Ruth and Norman Rales Jewish Family Services Welcome Home Program Drop-In Center for Individuals Living with Chronic Mental Illness and the Developmentally Disabled
- Psychology Today Online database to search for local mental health professionals.

## **Psychopharmacology- Medicines**

Rx List The Internet Drug Index

# Reintegration

- Alpert Jewish Family & Children Services Alpert Jewish Family Services offers a
  continuum of focused programs addressing the well-being of children and families of
  all ages, including residential programs and counseling services.
- Goodwill Gulfstream Goodwill Industries, Inc.
- Hab Center Palm Beach Habilitation Center
- Jeff Industries Entry Level Employment offers introduction to work skills development, interpersonal skills and paid vocational training (trades and general assembly) in a least restrictive, psycho-sensitive, normalized, low pressure environment.
- Vocational Rehabilitation Division of Vocational Rehabilitation
- Schizophrenia.com A non-profit community providing in-depth information, support and education related to schizophrenia, a disorder of the brain and mind.

# Substance Abuse & Co-Occurring Disorders

- AA Alcoholics Anonymous
- Addicted.com Addicted.com
- Dual Recovery Anonymous
- FARR Florida Association of Recovery Residences
- Faith Farm Ministries
- NA Narcotics Anonymous

•

#### Youth

- Alpert Jewish Family & Children Services Alpert Jewish Family Services offers a
  continuum of focused programs addressing the well-being of children and families of
  all ages, including residential programs and counseling services.
- Boca Raton's Promise Boca Raton's Promise The Alliance for Youth
- CHADD Children & Adults with ADHD
- Erika's Lighthouse A Beacon of Hope for Adolescent Depression
- FAU Center for Autism and Related Disabilties The FAU Center for Autism and Related Disabilities (CARD) provides expert consulting, training and support, at no charge, for people with autism and related disabilities, their families and the professionals serving them.