

- Text a counselor at the Crisis Text Line (Text HOME to 741741) or go to www.crisistextline.org
- Hope for Healing: <http://www.hopeforhealingfl.com/>

Student Take-Home Resources

Child Trafficking Prevention

Grade 9

Key Takeaways:

1. Child trafficking is a real risk that you use protect yourself from. It is important that you know the risk factors that make a teen more likely to be targeted.
2. Be aware of your surroundings and take caution with strangers, people you've met online, and even friends. Don't share any personal information with people you don't know well. If someone you've met online or on social media asks you to send pictures, wants you to go out of town with them, or offers you something like an expensive phone or work opportunity, say "no" and talk to a parent or friend.
3. Setting healthy boundaries is an important way to protect yourself from predators and avoid peer pressure. Practice saying no and standing firm on what you believe is right and wrong. This includes having sex, sending explicit pictures, partying, and other things that you are unsure about.
4. You should never drink alcohol, smoke, vape, or use other drugs. If someone offers you something that isn't healthy for your body, you should say "no" or make an excuse and walk away. Even if friends or family members are using, that doesn't mean that you have to.
5. Always tell a trusted adult if you feel unsafe or think that a friend is being hurt or exploited.

Vocabulary:

1. Coerce – to trick or convince someone to do something that is illegal or harmful
2. Domestic servitude – a special category of labor trafficking in which one serves as a housekeeper, maid, or childcare worker for little to no pay
3. Personal boundary – a limit we set with other people to protect ourselves
4. Sexual exploitation – the act of forcing children to teens to have sex in exchange for food, clothing, safety, shelter, or money
5. Substance abuse – the excessive use of any substance, especially ones like alcohol or illegal drugs

<p>If you have a FRIEND who you think is showing warning signs of child trafficking or drug abuse, it's time to HELP.</p> <p>Help as soon as you can.</p> <p>Empathize with the person.</p>	<p>If YOU are feeling trapped in a dangerous situation or are abusing drugs, it's time for you to ACT.</p> <p>Apply coping strategies.</p> <p>Consider your options for help.</p>
---	---

Listen without trying to fix it.

Plan your next steps with a trusted adult.

Talk to a person you trust.

Resources:

- Call 911
- Call the National Suicide Prevention Hotline at 1-800-273-TALK
- Chat online with a counselor at the Lifeline Online Chat:
<https://suicidepreventionlifeline.org/chat/>
- Text a counselor at the Crisis Text Line (Text HOME to 741741) or go to
www.crisistextline.org
- Hope for Healing: <http://www.hopeforhealingfl.com/>
- Your school counselor