

Student Name:

Forest Hill Community High School Athletic Department Sport Eligibility Checklist

The packet can now be printed, completed, and uploaded through www.aktivate.com. It is important that all information requirements are completed correctly and uploaded in Aktivate. You can create an account if you have not done so already. If you do not have access to a computer to upload all the paperwork, you may turn in to your coach. **This must be turned in prior to tryouts.**

Students wishing to participate in athletics must complete the following requirements once a year, prior to trying out for a sport:

- Complete this [athletic packet](#)
 - Three pages require a notary stamp
 - Your physical evaluation (EL02) page MUST have a doctor's stamp, signature, clearance, and date of exam
- Register and complete an [Aktivate account](#)
 - [Directions for Aktivate](#)
- Pay \$75 athletic insurance on SchoolCashOnline.com
 - \$10 try out fee, \$65 balance upon making the team
 - [Step By Step Registration for School Cash Online](#)
- Complete 3 NFHS courses and upload the certificates into your Aktivate account
 - [Heat Illness Prevention](#)
 - [Concussion for Students](#)
 - [Sudden Cardiac Arrest](#)
 - [Link to All Videos](#)

These requirements are good for every sport played in one school year, and do not need to be repeated each season.

If you have any questions about athletics, please email our athletic director, [Dave Grad](mailto:Dave.Grad). (david.grad@palmbeachschools.org)

The following is a checklist for your child that must be completed before they can try out for a sport.

1. Student must have a 2.0 grade point average every semester
Complete the Athletic Eligibility Packet _____
2. FHSAA Physical (Not a School Physical) **EL2** _____
3. FHSAA Release from Liability **EL3** _____
4. **Form 1588** Athletic Eligibility for High School Students
(Notarized) _____
5. **Form 1589** Student Medical Consent For Athletics
(Notarized) _____
6. **Form 2608** Interscholastic Athletics Accident Insurance _____