

# My Journey to Kindergarten PreK → K Activity Calendar



**This calendar is full of fun, engaging activities that will help your child prepare for their journey to Kindergarten. Each month offers activities that focus on literacy, math, science, social emotional learning and fun family games based on Florida's Early Learning Standards.**

**Have fun with your child completing the activities while helping your child prepare for the next milestone in their life...Kindergarten!**

**For more information about kindergarten transition and parent resources, visit**

**[palmbeachschools.org/prek](http://palmbeachschools.org/prek)**



**Early  
Childhood  
EDUCATION**  
PALM BEACH COUNTY SCHOOL DISTRICT



# AUGUST 2022



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>PreK starts this month</b>		1	2	3	4	5
<p><b>This is an exciting month as your child starts PreK. Your child is going to embark on a wonderful journey of learning that will prepare your child for kindergarten.</b></p>		<p>Routines are important. Discuss your family routines for school, dinnertime, and bedtime.</p>	<p><b>Establish a reading routine.</b> Read every night to your child.</p>	<p>Making friends is an important part of PreK, role play with your child how to introduce themselves to a classmate and ask their name.</p>	<p>Read a book about friendship. Discuss what it means to be a friend.</p>	<p>Role play how to solve a conflict. 1. What to do when a child takes their toy. 2. What to do when they want a toy a child is playing with. 3. What to do when someone is mean to them.</p>
6	7	8	9	10	11	12
<p>Family time, enjoy this Sunday doing your child's favorite activities!</p>	<p>To prepare your child for their first day of PreK and missing you, read "Llama, Llama, Misses Mama."</p>	<p>Lots of paperwork will come home, read everything and send back required paperwork.</p>	<p>Discuss with your child what he/she needs to do to be a good friend.</p>	<p>Establish good attendance habits. Arrive to school on time and absent only when your child is sick.</p>	<p>Family game night, play your child's favorite board game, practicing taking turns.</p>	<p>Visit the library and find books about friendship.</p>
13	14	15	16	17	18	19
<p>Family time, spend a relaxing day to prepare for a full week of school. Bedtime read "The Kissing Hand"</p>	<p>During reading time, talk about the parts of a book, front/back cover, title page, author, illustrator.</p>	<p>Read an alphabet book, ask your child to point and tell the letters they know.</p>	<p>Practice saying the days of the week.</p>	<p>Encourage your child to practice writing their name.</p>	<p>Family game night, play a card game Crazy 8's or Go Fish.</p>	<p>Have your child explore items in the house discussing characteristics, hard/soft, heavy/light,</p>
20	21	22	23	24	25	26
<p>Family time, discuss chores and give your child a simple chore to do each day to help the family.</p>	<p>Review the parts of a book with your child. While reading, point to the words, showing your child we read left to right.</p>	<p>Practice counting to 10.</p>	<p>Talk with your child about their friends in class, asking each friend's name, and a game they play together.</p>	<p>Have your child practice writing their name and all the letters they know.</p>	<p>Family game night, Play Simon Says.</p>	<p>Ask your child to draw a picture of their classroom. Help your child make a list of activities he/she does in the classroom.</p>
27	28	29	30	31		
<p>Family time, complete a puzzle together.</p>	<p>Review the parts of a book with your child and the direction we read the words.</p>	<p>Read an alphabet book, ask your child to point to the letters in their name.</p>	<p>Practice saying the days of the week.</p>	<p>Have your child practice writing and recognizing their first and last name.</p>	<p><b>This month's focus:</b>  <b>1. Review the parts of a book.</b>  <b>2. Your child will practice writing their name and letters.</b>  <b>3. Discuss the importance of friendship.</b></p>	

### Suggested books to read this month:

PreK books- "Llama, Llama, Misses Mama," "The Kissing Hand," "The Night Before Preschool."

Friendship books- "Will I have a Friend?"

Alphabet books- "Chicka, Chicka, Boom Boom," "Click, Clack, Quackity, Quack," "LMNO Peas," "Dr. Seuss's ABC An Amazing Alphabet Book."



# SEPTEMBER 2022



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>				1	2	3
<b>1. Identifying and writing the letters of the alphabet</b> <b>3. Counting</b> <b>2. Understanding the 5 senses</b> <b>4. Discussing feelings and emotions</b>				Label items and areas around the house. Use these to practice letter identification and reading the room.	Family game night, play Follow the Leader.	Talk about feelings, sad, happy, excited, scared, worried. Ask your child to share times they had one of these feelings.
4	5	6	7	8	9	10
Family time, have your child help make a meal.	Read, "How Do You Feel?" Create a feelings chart using emojis and use it to teach your child to recognize how facial expressions relate to feelings.	Count items around the house, toys, buttons, spoons. Make it fun!	Talk about the 5 senses. Ask what body part we use for seeing, hearing, touching, smelling, and tasting. How do our senses help us?	Ask your child to draw a picture of what makes him/her happy at school.	Family Game Night Have fun skip, jump, hop.	Take a nature walk, have your child use their senses to describe the environment during the walk.
11	12	13	14	15	16	17
Family time, play your child's favorite game, read their favorite book, or cook a favorite meal together.	Read a book about a character that was feeling sad, have your child discuss a time they were sad and how he/she worked through that feeling.	Sort a deck of cards by color, shape, or number.	Sensory Walk, fill 5 containers using black beans, shaving cream, water, water beads, sand. Line them up, ask your child to predict which one will be squishy, hard, or soft. Have your child walk through each container to check their predictions.	Have your child practice writing their name.	Family game night, play Simon Says.	Have your child help with chores by asking him/her to clean-up their toys, sorting them by small, medium, and large.
18	19	20	21	22	23	24
Family time, have a dance party to your child's favorite songs.	Read Llama, "Llama, Mad at Mama," discuss a time when your child was mad. What made your child mad and how was it resolved?	Practice counting, start with 1-5, having your child count how many and show the number with their fingers.	Taste test, using lemons, apples, chips, candy, cocoa powder. Ask your child to predict if the item will be sweet, salty, sour, or bitter. Have your child test their prediction by tasting each one.	Using sidewalk chalk, have your child write the letters they know.	Family game night, play hide and seek.	Visit your local library to check out books about friendship and feelings.
25	26	27	28	29	30	
Family time, Play "I Spy" during a car ride and ask your child to be specific adding colors and shapes.	Close the month by reviewing feelings and asking, How would you feel if...? Tell a time you felt scared. How does it make you feel when ...?	Ask your child to move different ways (skip, hop, jump), count each of the moves.	Create homemade binoculars with 2 toilet paper tubes, glue them together. Have your child use the binoculars to explore their environment, telling what they see in detail.	Fill a cookie sheet with shaving cream ask your child to write the letters of the alphabet.	Family game night, play your child's favorite board game.	

### Suggested books to read this month:

Feelings books- "Llama, Llama, Mad at Mama," "The Pigeon has Feelings, Too!" "Where Happiness Begins," "My Heart Fills with Happiness," "Inside my heart and in my head...Feelings."

5 Senses books- "Here are my Hands," "Me and My Senses," "I Hear a Pickle."



# OCTOBER 2022

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						1
1. Continue to focus on letters, both uppercase and lowercase, start adding letter sounds. 2. Use positional words with your child such as: below, over, behind, in front of, next to, against, before, after, around, on. To introduce these words read the book, "We're Going on a Bear Hunt." 3. Your child practices writing their name, use sidewalk chalk, shaving cream, or playdough. Make it fun!						Go on a nature walk, using positional words to describe what you see.
2	3	4	5	6	7	8
Family time, work on a puzzle.	Read a book that focuses on positional words, discuss those words.	Sort objects by size, shape or color and then count them.	Rhyme time, discuss rhyming words, cat/hat. Ask your child what they hear. Practice with other words.	Recognize and name shapes in the environment, discuss their position.	Family game night, play Candyland or Chutes and Ladders.	Practice positional words while cleaning around the house.
9	10	11	12	13	14	15
Family time, have your child help with dinner by measuring ingredients and mixing them together.	Reading focus this week, characters in a story. Ask, "Who are the characters and how are they feeling?"	Gather 10 objects, touch each object and count them one at a time.	Rhyme time! Read nursery rhymes, talk about the rhyming words.	Practice letter and name writing.	Family game night, play Simon Says.	Play I Spy using positional words. "I spy a bird on top of a blue car."
16	17	18	19	20	21	22
Family time, watch your child's favorite movie.	Reading focus this week, use illustrations to help tell the story.	Count 1-10, ask your child to stomp their foot or clap for each count. <b>Showcase of Schools</b>	Rhyme time! Share words that rhyme (hat, bat), ask your child to say the words. Practice with other words.	Using everyday items, have your child identify the letters they know.	Family game night, play Follow the Leader, jump, run, hop, skip. Take turns being the leader.	Go grocery shopping, using positional words to have your child get items from the shelf.
23	24	25	26	27	28	29
Family time, dance party.	Reading focus this week, making predictions. Ask your child to look at the cover and tell you what they think the book is about.	Set up groups of objects, no more than 10 in a group. Ask your child to count and tell how many in each group.	Rhyme time! Say rhyming words. Ask your child to tell you some rhyming words.	Fun with letters. Let your child choose a fun activity to practice letters.	Family game night, play Uno.	Play the pumpkin game using positional words. Place the pumpkin on the table, under the table, next to the cup.
30	31	<b>Interested in Choice Program for your incoming Kindergartener?</b> <b>Attend the Showcase of Schools on October 18, 2022 at the South Florida Fairgrounds from 4-8 pm.</b> <b>For more information go to <a href="https://www.palmbeachschools.org/students_parents/school_choice/choice_programs">https://www.palmbeachschools.org/students_parents/school_choice/choice_programs</a></b>				
Family time, rest, relax, and read. Click, Clack, Boo!	<b>Halloween</b> Uses your 5 senses to enjoy the day.					

**Suggested books to read this month:**

Positional words-"We're Going on a Bear Hunt," "Rosie's Walk," "up & down," "Where is Bear," "In-between Things," "Cat up, Cat down."

Rhyming books- "Brown Bear, Brown Bear, What do you See?" "Bear Snores On," "Llama, Llama Red Pajama," "The Big Red Barn," "Goodnight, Goodnight, Construction Site."

Halloween books- "Click, Clack, Boo!" "10 Little Pumpkins," "Pete the Cat, Trick or Pete."



# NOVEMBER 2022



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>		Choice applications open 1	2	3	4	5
<b>1. Asking questions during reading</b> <b>2. Understanding shapes and their attributes</b>		Reading focus this week, making a prediction. Ask, your child to look at the cover of the book and predict what the story is about.	Practice numbers with a game of hopscotch.	Review the letters and sounds your child knows.	Family game night, play a game of hide and seek.	Flashlight reading, at bedtime have your child choose their favorite book, grab a flashlight, turn off the lights and read!
6	7	8	9	10	11	12
Family time, have your child measure ingredients for their favorite dessert.	Reading focus this week, ask an open ended question such as, "What do you think will happen next?"	Show your child shapes, asking your child to name them, talk with your child about the shape's attributes (straight sides, curves, corners).	Rhyme Time Say 2 words and ask your child if they rhyme.	Have your child practice writing their name and the letters they know.	Family game night, put together a puzzle.	Go on a shape hunt with your child, looking for squares, triangles, circles.
13	14	15	16	17	18	19
Family time, cook breakfast together.	Reading focus this week, describing characters emotions. Ask your child how the characters were feeling at different parts of the story.	Introduce the square, review its attributes. Ask your child to find square shaped objects around the house.	Read a rhyming book. After reading, ask your child to tell you some of the rhyming words heard.	ABC fun time, ask your child how he/she would like to practice letters today.	Family game night, mix up a deck of cards, deal them evenly face down. At the same time each player flips one card and decides who has the greater number.	Go on a nature walk, looking at shapes of leaves, rocks, and clouds.
20	21	22	23	24	25	26
Family time, together create a piece of art to be displayed in your home.	Reading focus this week, while reading point to a picture and ask your child "What is happening in this picture?"	Circle game, review the attributes of a circle. Show your child different shapes and ask if it is a circle. Have your child explain why or why not.	Have your child draw a picture of what they are thankful for.	Happy Thanksgiving! Have your child help decorate and set the table.	Family game night, "Mystery Bag." Each family member puts an object in a bag. They will give verbal clues about what's inside. Let family members feel the bag and make a guess before revealing the object.	When you are doing laundry, ask your child to sort and match clothes one of these ways color, size, or type of clothing.
27	28	29	30	Choice applications open on November 1st. Visit <a href="https://www.palmbeachschools.org/students_parents/school_choice/choice_programs">https://www.palmbeachschools.org/students_parents/school_choice/choice_programs</a> to access the Choice application.		
Family time, have your child pick a movie for the family to watch together.	Reading focus this week, ask a recall question, Can you tell me what happened to ...?"	Introduce the rectangle, show a square and a rectangle. Ask your child what is the same and what is different.	Encourage your child's curiosity by finding the answer to "Why the sky is blue?"			

### Suggested books to read this month:

- Rhyming books- "Duck in the Truck," "The Very Cranky Bear," "The Pout-Pout Fish," "Frog on a Log."  
 Thanksgiving books- "The Thank You Book," "Pete the Cat, The First Thanksgiving," "Bear Says Thanks."  
 Shape books- "Love, Triangle," "Color Zoo," "City Shapes."  
 Question books- "The Empty Pot," "Wolf's Coming."



# DECEMBER 2022

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>				1	2	3
<b>1. Read your child's favorite books and continue practicing rhyming. Introduce syllables.</b> <b>2. Count to 5</b> <b>3. Enjoy family time. Talk about holiday traditions with your child.</b>				Review the rectangle. Have your child look for rectangles in your home or on a walk.	Family game night, play a game of checkers.	Enjoy the outdoors by playing your child's favorite sport.
4	5	6	7	8	9	10
Family time, create a list of your holiday traditions.	Literacy focus this week, rhymes. Tell your child to listen carefully to the ending sound. Say 2 words, ask your child to clap if they rhyme.	Math focus, numbers 1 & 2. Show your child how to write the numbers and how to represent them with objects.	Rhyme time, continue with the rhyme game.	Have your child make an ABC book, writing the letters and drawing a picture to match.	Family game night, work on problem solving and critical thinking skills by playing Jenga.	Enjoy jump roping. Ask your child to count how many times he/she can jump in a row.
11	12	13	14	15	16	17
Family time, take a drive and enjoy the holiday decorations.	Literacy focus this week, counting syllables. Clap the syllable beats in a word. Say water, clap twice (wa-ter). Ask how many syllables? Practice with 5 words.	Math focus, the numbers 3 & 4. Show your child how to write them and how many represent each. Ask your child to demonstrate the numbers.	Practice syllables today. Ask your child to stomp for each syllable in a word. Ask how many syllables after each word.	Have your child continue working on ABC book. Have your child create a cover for the book and write their name as the author.	Family game night, play Sequence for kids. This game builds thinking and strategy skills.	Enjoy the outdoors, take a walk or bike ride.
18	19	20	21	22	23	24
Family time, bake some family favorite recipes	Reading focus this week, read your child's favorite holiday books.	Math focus, the number 5. Show your child how to write a 5 and how to represent it with objects. Review numbers 1-4. Ask your child to write numbers 1-5 and represent them with objects or circles.	Free choice, ask your child if she/he wants to practice rhyming or syllables.	Have your child put the final touches on their ABC book, adding color.	Family game night, build a snowman with marshmallows and edible treats. Enjoy!	Wind down the day with your child's favorite holiday book.
25	26	27	28	29	30	31
Enjoy family time during the holiday season.	Family time, make time to read each night.	Family time, spend time enjoying friends and family.	Family time, prepare a meal together.	Family time, movie night.	Family game night, have your child choose the game.	New Year's Eve Talk with your child about how much they have learned this year.

**Suggested books to read this month:**

Holiday books- "Llama, Llama Holiday Drama," "Chicken on Vacation," "Snowmen at Night," "Hanukkah Lights," "My First Kwanzaa."  
 Number books- "Chicka, Chicka One, Two, Three," "Five Little Monkeys Jumping on the Bed," "Pete the Cat and his Four Groovy Buttons,"  
 "On the Launch Pad."



# JANUARY 2023

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy New Year! 1	2	3	4	5	6	7
<b>Literacy focus this month, connect information and ideas your child already knows to what is read.</b>	Reading focus this week, connection question during reading, "What does this remind you of?" See if your child connects something from the book to their life.	Math focus, the numbers 6 & 7. Show your child how to write them and how many represent each. Ask your child to demonstrate the numbers.	Letter game, say a letter sound and ask your child to name the letter.	Have your child practice writing their first and last name. Let your child choose how to practice (crayon, pencil, sidewalk chalk, shaving cream).	<b>Cuddle Up Day</b> Make hot chocolate, cuddle up and watch your child's favorite movie.	Visit your local library and help your child choose books to check out for this month.
8	9	10	11	12	13	14
Family time, ask your child help make dessert. Have your child measure and stir ingredients. Enjoy!	Reading focus this week, add a new connection question, "How is ___ like ___?"	Math focus, the numbers 8 & 9. Show your child how to write them and how many represent each. Ask your child to demonstrate the numbers.	Letter game, show a letter, ask your child to tell the letter and sound.	Practice writing numbers 1-9.	Family game night, build a structure with blocks. Count how many blocks used.	Alphabet hunt Go for a walk finding objects that begin with different letters. Say the letter and sound.
15	16	17	18	19	20	21
<b>National Hat Day</b> Each family member wears their favorite hat.	Reading focus this week, add another connection question, "Have you ever ___?"	Math focus, the number 10. Show your child how to write 10 and how many represent it. Ask your child to demonstrate the number.	<b>Winnie the Pooh Day</b> Read your child's favorite Winnie the Pooh book.	Have your child create a drawing and then ask, "Can you tell me about your drawing?"	Family game night, play matching pairs Memory Game.	Have your child organize their toys by sorting them. Let them choose how sort (color, size, type).
22	23	24	25	26	27	28
Family time, choose a recipe for dinner and have your child assist with preparing the meal.	<b>Celebrate Literacy Week</b> Reading focus, use connection questions during reading.	Review numbers 1 - 10. Have your student write each number and then draw a picture to show how many for each number.	Have your child search the house for letters they know, name the letter, say the sound.	Sit down with your child and create a grocery list. Talk about the starting letters and sounds for each of the items on the list.	Family game night, play a game of Go Fish.	Nature walk, have your child predict what the wind does to the leaves. How the wind changes the temperature.
29	30	31				<b>Choice applications close today</b>
Family time, rest, relax, and read.	Reading focus this week, introduce nonfiction books, focus on interesting words. Discuss words and meaning.	Teach your child your phone number. Practice each day.	Download the Vroom app. Every day Vroom will deliver a simple and fun brain building activity for you and your child. Go to <a href="https://www.vroom.org">Vroom.org</a> for information.			

**Suggested books to read this month:**

Connection books: "Waiting is not Easy," "Ruby Finds a Worry," "The Rainbow Fish," "Bread and Jam for Frances."  
 Number books: "Ten, Nine, Eight," "Quack and Count," "One Duck Stuck," "Ten Black Dots," "Mouse Count."



# FEBRUARY 2023



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>			1	2	3	4
<b>1. Informational text to build your child's vocabulary, background knowledge, and critical thinking skills.</b> <b>2. Types of informational text include information books about science and social studies, how-to or procedural, and narrative nonfiction.</b> <b>3. Each week choose one type of informational text.</b>			Focus on the ending sound of a word. Say mat, tell your child the ending sound. Ask your child other words that end with that sound. Repeat with other familiar sounds.	Have your child create a number book. Write the numbers 1-10 and draw items to represent the number.	Family game night, play high-low with a deck of cards. Deal cards, everyone flips a card, decide who has the high card and low card.	Library visit day. Help your child choose informational books to check out.
5	6	7	8	9	10	11
Family time, exercise together. Run, skip, and hop together.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review numbers 1-10. Introduce 11 & 12, showing the numbers and items to represent the numbers.	Syllable count, say party and clap for each syllable. Par-ty, 2 syllables. Practice with other familiar words, ask your child to say words, clap and count syllables.	Have your child add numbers 11 & 12 to their math book.	Family game night, tonight your child chooses the game to play.	Take a walk and talk about friendship. What it means to be a friend and ways your child shares with friends.
12	13	14	15	16	17	18
Family time, create Valentine's Day cards for family and friends.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review 1-12 and introduce 13 & 14. showing the numbers and items to represent the numbers.	Ask your child to draw a picture and write about something they learned from informational text. Ask what their writing says.	Have your child add numbers 13 & 14 to their math book.	Family game night, play Simon Says.	On a walk or drive, look at street signs. Talk about the shapes, colors, and what they mean.
19	20	21	22	23	24	25
Family time, rest, relax, and read.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review 1-14 and introduce 15 & 16, showing the numbers and items to represent the numbers.	Focus on the ending sound of a word. Say words and ask your child what's the ending sound.	Have your child add number 15 & 16 to their math book.	Family game night, play a game of checkers.	During a walk or drive, practice saying or singing the days of the week.
26	27	28	Find your child's elementary school for kindergarten enrollment <a href="https://www.palmbeachschools.org/students_parents">https://www.palmbeachschools.org/students_parents</a> Click link, go to quick links and click Find My School, type in your address. Contact your school about kindergarten round-up.			
Family time, have your child choose a favorite recipe, measure and stir the ingredients.	Choose an informational text for the week, talk about the features of the text. Choose a topic your child is interested in, stay with that topic for the week.	Review 1-16 and introduce 17 & 18, showing the numbers and items to represent the numbers.				

### Suggested books to read this month:

Informational text- Choose topics your child is interested in such as, matter, space, life cycle of a butterfly, plants, animals, how-to (recipes, crafts, science experiments), and sports.

Narrative nonfiction- "Leo the Snow Leopard," "Knut, How One Little Bear Captivated the World," "Because of an Acorn," "A Nest is Noisy."

Biographies- "Dinosaur Lady," "Shark Lady: The True Story of How Eugenie Clark Became the Ocean's Most Fearless Scientist."



# MARCH 2023



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>			1	2	3	4
1. <b>Read both informational text and picture books.</b> 2. <b>Remember to set a purpose for reading informational text. For example, "Let's read this book about plants so we can learn about the life cycle of a plant."</b> "Let's read the instructions to the game so we know how to play it correctly." 3. <b>Math focus-measurement</b>			Introduce compound words, discussing how two words make one, (airplane, playground). Develop a list of words with your child.	Have your child add numbers 17 & 18 to their math book.	Family game night, play flashlight tag.	Go to the library and check out books about feelings.
5	6	7	8	9	10	11
Family time, let your child choose a craft project, read the directions together to complete.	Read an informational book about something your child is interested in learning more about.	Review 1-18. Introduce 19 & 20, showing the numbers and items to represent the numbers.	Review compound words. Continue to develop a list.	Have your child add numbers 19 & 20 to their math book.	Family game night, play Go Fish.	Walk and talk about feelings, happy, sad, excited, and scared. Discuss how your child is feeling today and why.
12	13	14	15	16	17	18
Family time, learn a new dance.	Read a narrative nonfiction book today about your child's favorite animal. Set a purpose to read.	Practice counting 1-20. Count verbally, identify written numbers, and number of objects matching the number.	Play "What word?" Say a compound word and then ask your child to say it without one of the parts. What is baseball without base?	Practice writing both uppercase and lowercase letters.	Family game night, Play Crazy 8's	Name a feeling and ask your child to make the face that matches the feeling.
19	20	21	22	23	24	25
Family time, go outside and enjoy the day together.	Read a picture book, asking connection questions. Refer to January's reading focus.	Give your child a bag with 20 items (legos, coins, beads), Show a number and have your child count out the correct number of items.	Play "What word?" Compound word game from March 15th.	Ask your child to practice writing their first and last name.	Family game night, play your child's favorite game.	Help your child classify emotions into categories: happy, sad, angry, frustrated.
26	27	28	29	30	31	
Family time, gather the ingredients to your child's favorite snack and allow him/her to make their snack independently.	Read your child's favorite book today, have your child discuss their favorite parts, telling why those parts are their favorite.	Finish the month counting 1-20. Matching the number to the items. Let your child choose the items.	Show your child a letter card, ask the letter and sound. Ask your child to say words that start with that letter. Repeat with other letters.	Today let your child choose a writing activity.	Family game night, Play high-low with a deck of cards.	

### Suggested books to read this month:

Books about feelings- "The Way I Feel," "The Color Monster," "Ravi's Roar," "The Feelings Book," "Some Days."

Math books- "Mouse Shapes," "The Shape of Things," "Shapes are Everywhere."

Compound word books- "If You Were a Compound Word," "Thumbtacks, Earwax, Lipstick, Dipsticks: What is a Compound Word?"

"Once There was a Bull...(frog)".



# APRIL 2023

My Journey to Kindergarten PreK → K Activities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						1
<b>1. April is Poetry Month-this month discuss and read poetry with your child.</b> <b>2. Math focus this month is measurement. Each week your child will measure objects using various tools.</b>						Begin talking about kindergarten with your child.
2	3	4	5	6	7	8
Family time, work on a puzzle.	Introduce poetry, start by sharing with your child that songs and poetry are related. Choose a song your child likes, print the lyrics and then read them to your child. Talk about the rhyming words in the song.	Use string, legos, paperclips or other items to measure items around the house. Discuss how many long it is.	Say a word with 2 syllables. Clap for each syllable. Ask, how many syllables? Practice several words with your child.	Practice writing numbers 1-20, ask your child to draw circles to represent each number.	Family game night, play Candyland or Chutes and Ladders.	Discuss living things (can grow, needs food and water, such as a puppy to a dog, a baby to a child, seeds to a plant). Nonliving things (cannot grow, such as cars, chairs, cupcakes, toys).
9	10	11	12	13	14	15
Help with dinner by measuring ingredients and mixing them together.	Read some of your child's favorite nursery rhymes, ask your child to tell you the rhyming words.	Measure items around the house using a ruler, measuring tape, or yardstick. Assist your child in reading the measurement.	Review and Practice compound words. See March 15th.	Have your child practice your phone number. Show your child how to write it.	Family game night play Simon Says.	Review living things, plant bean seeds with your child, ask your child what they think is needed to help the seeds grow. Have your child create a science journal to track the seeds progress.
16	17	18	19	20	21	22
Today is Good Deeds Day. Prepare for giving back by having your child sort through their old toys and clothes to donate.	Read "The Llama Who Had No Pajama:100 Favorite Poems." These poems cover many topics from animals to birthdays.	Mesure wet and dry ingredients using, measuring spoons, and cups.	Say a word and ask for a word that rhymes with it, continue with several words.	Let your child choose what to write today.	Family game night, play Follow the Leader, jump, run, hop, skip. Take turns being the leader.	Help your child celebrate Earth Day by cleaning up the yard and checking on the progress of their plant.
23	24	25	26	27	28	29
Family time, dance party.	Continue reading poetry with your child, discussing the words that rhyme.	Have your child choose a measuring tool. Measure items around the house. Use vocabulary small, shorter, longer.	Show your child a letter card and say the sound for the letter. Ask your child to say words that start with that letter. Repeat with other letters.	Practice writing skills, by having your child help create a grocery list for weekend shopping.	Family game night, play Uno.	Ask your child if they remember what makes something living or nonliving. Have your child categorize things around the house that are living/nonliving and why.
30	Family time, have poetry party, read and write poetry with your child.					Contact your elementary school to inquire the date and time for kindergarten round-up. Gather necessary paperwork for registration. (Birth certificate, proof of residency, Florida certificate of immunization, physical examination within the last 12 months). <a href="https://www.palmbeachschools.org/students_parents/student_registration/english">https://www.palmbeachschools.org/students_parents/student_registration/english</a>

**Suggested books to read this month:**

Poetry- "Eric Carle's Twinkle, Twinkle, Little Star and other Nursery Rhymes," "Digger, Dozer, Dumper," "Shout!: Little Poems that Roar." "Read-Along Rhymes for the Very Young," "The Neighborhood Mother Goose."  
 Measurement books- "Next to an Ant," "A Pig is Big," "Is it Larger? Is it Smaller?" "Just a Little Bit." "Inch by Inch."  
 Living/Nonliving books- "The Tiny Seed," "Living Things and Nonliving Things-A Compare and Contrast Book."



# MAY 2023



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus</b>	1	2	3	4	5	6
<p>1. Rich vocabulary and retelling a story, (focusing on the beginning, middle, and end)</p> <p>2. Subitize-instantly recognize how many in a set up to 5</p>	Literacy this month, you will focus on rich vocabulary and retelling a story (beginning, middle, and end) this can be done with all books you read.	Using 3 legos, put one lego in one hand, two in the other. Explain you are going to show the cubes for 2 seconds, he/she will need to decide the total number of cubes. Close your hands, ask how many. Continue this changing the number of cubes, in your hands, staying with 1-3.	Review syllables with your child, then practice clapping or stomping syllables for each word you say. Ask your child how many syllables for each word. Have your child give words to stomp or clap to count syllables.	Practice onset-rime. Rimes are ending sounds ( <b>at, ot, in, an, ake</b> ). Start with bat, ask your child to say a new word, changing the beginning sound (b to h for hat). Work you way through the rimes each day.	Family game night, have your child choose the game.	Visit your library today to check out books that interest your child. Encourage your child to explore poetry books.
7	8	9	10	11	12	13
<b>Mother's Day</b> Family time, spend the day making memories.	Read, "Giraffe and Bird." Discuss with your child the rich vocabulary words in the text.	Subitize following May 2, continue with 3 cubes. Complete several rounds, this time state, the addition sentence. Example, Yes, 2 + 1 cube= 3 cubes.	Ask you child to tell you words that rhyme.	Practice onset-rime. Choose the rime, give a word, and ask your child to change the beginning letter to create a new word, continue until your child can't think of any new words.	Family game night, play flashlight tag.	Go to the beach, have your child predict how the sun changes the water temperature, how the wind changes the waves, what the sun does to the sand.
14	15	16	17	18	19	20
Family time, go on a bike ride, take a walk, or go on a scenic drive.	Read "Stellaluna," discussing the rich vocabulary with your child while you read.	Subitize, adding 1 more cube for a total of 4. Create different combinations in your hands, showing for 2 seconds and asking how many.	Show your child a letter card, ask the letter and sound. Have your child say words that start with that letter. Repeat with other letters.	Practice onset-rime	Family game night, play Follow the Leader, skip, hop, and jump.	Go on a walk and play "I Spy," finding different shapes on your walk.
21	22	23	24	25	26	27
Family time, enjoy fun in the sun.	Ask your child to choose a book for you to read, after reading ask your child to retell the story, focusing on the beginning, middle, and end.	Continue to Subitize, working with a total of 5 cubes. Create various combinations, asking your child how many.	Ask your child to create compound words. Write the words your child tells you.	Practice onset-rime	Family game night, go outside and blow bubbles using different size wands and see which one makes the biggest bubble.	Have your child help with laundry, practicing their sorting skills.
28	29	30	31	Summer vacation starts! It is important to read every day over the summer with your child and continue to practice the skills learned during PreK.		
Family time, prepare a meal together.	Continue to work on the skill of retelling the story. Remind your child not to tell everything.	Working with 5 cubes continue to create combinations, asking your child how many and then creating the number sentence (2 + 3 = 5).	Celebrate your child's PreK accomplishments. Your child's learning, making friends, and and trying new things.			

### Suggested books to read this month:

Picture books with rich vocabulary- "Giraffe and Bird," "Stellaluna," "Run Wild," "Big Words for Little People," "Lexie the Word Wrangler."

Math picture books- "Ones and Twos," "What comes in 2'. 3's, & 4's?" "Five Little Ducks." "Quack and Count."



# JUNE 2023



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
This month's focus:				1	2	3
<b>1. Prepare for Kindergarten</b> <b>2. Create a summer journal to practice writing</b> <b>3. Continue to read every day</b> <b>4. Review and practice math skills</b> <b>5. Create memories!</b>				Have your child create a summer journal, recording a fun memory of each day drawing, a picture and writing about it. Assist your child with the writing.	Family game night, play flashlight tag.	Ask your child to assist with organizing container lids, sorting them from smallest to largest.
4	5	6	7	8	9	10
Family time, go to the beach or park and enjoy the day.	Have your child choose a bedtime book and enjoy flashlight reading. Turn off the light and grab a flashlight or use your phone.	Practice counting to 31 every day.	Review and practice counting syllables.	Have your child practice writing their first and last name.	Family game night, play an outside game of your child's choice.	Teach your child their home address.
11	12	13	14	15	16	17
Family time, help your child make their own puzzle by cutting a picture into twelve different shapes.	Review retelling a story. Ask your child to choose a book, read together and ask your child to retell the story.	Have your child create a simple pattern using different objects.	Review and practice, onset-rime.	Have your child practice writing upper and lowercase letters. Let your child choose how to practice (chalk, shaving cream, markers, crayons, pencil).	Family game night, play a memory game.	Go to the library and find a book about learning a new skill. After reading, have your child practice the skill.
18	19	20	21	22	23	24
<b>Father's Day</b> Family time, spend the day making memories.	While reading a story, ask an open ended question such as, "What do you think will happen next?"	Review and practice positional words	Review and practice initial sounds of words. Say a word and ask your child to tell you the beginning sound.	Encourage your child to read the environment, store signs, cereal boxes, street signs.	Family game night, play hide and seek. Use positional words, "I see you under the blanket."	Help your child develop independence by learning how to tie their shoes.
25	26	27	28	29	30	
Family time, Sunday Friday, spend the day enjoying fun activities.	Read a book of your child's choice, talk with your child about the characters and events.	Have your child identify basic shapes in their environment and tell their attributes.	Review and practice ending sounds. Say a word and ask your child to tell you the ending sound.	Say 10 words to your child, ask the beginning/ending sound of each word.	Family game night, play a card game.	

### Suggested books to read this month:

Summer Reading- "Pete the Cat at the Beach," "And Then Comes Summer," "The Sandcastle that Lola Built," "Jabari Jumps," "I See Summer." "Llama, Llama, Learns to Swim."



# JULY 2023



## My Journey to Kindergarten PreK → K Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>This month's focus:</b>						1
1. Read books this month to help ease your child's transition to kindergarten. 2. Explain to your child that kindergarten is a time to try and learn new things, and it is okay if he/she makes mistakes and needs to ask for help along the way.						<b>Countdown to kindergarten begins!</b>
2	3	4	5	6	7	8
Family time, take a walk after dinner, talk about the start of kindergarten and what to expect.	Have your child practice self-care, getting dressed (zipper/buttons), and taking care of their own toilet needs.	<b>Happy 4th of July!</b>	Play I Spy, using word beginnings..."I spy something beginning with the sound..."	Have your child practice writing and saying your phone number.	Family game night, play a memory game.	Go to the beach and have your child practice writing their name in the sand.
9	10	11	12	13	14	15
Family time, make a collage. Have your child practice scissor use by cutting up old pictures.	Another important skill to practice is asking for help. explain to your child the teacher is there to help. Role play how to ask for help.	Have your child practice counting backwards from 10.	Play I spy, using word endings..."I spy something ending with the sound..."	Pour flour or sugar on a cookie sheet and have your child practice writing their numbers and letters.	Family game night, play freeze dance.	Laundry time, fold towels and socks. This builds fine motor skills and patience.
16	17	18	19	20	21	22
Family time, enjoy a family movie night.	Have your child attempt new tasks, knowing it is okay to make mistakes.	Have your child count items around the house, lamps, forks, spoons, tvs. Encourage your child to record the items and amounts.	Say 3 words. Two words will have the same beginning sound, one will not. Ask your child which word has a different beginning sound. Repeat with other words.	Read a book, have your child write and draw about their favorite part of the story.	Family game night, have your child choose the game.	Play Who? What? Where? Who is at school? What happens at school? Where is your school?
23	24	25	26	27	28	29
This week establish a getting ready for school routine, start with an earlier bedtime.	Starting this week, your child should practice eating lunch using their lunchbox, opening containers and packages.	Review and practice subitizing. Create a math equation for the total number of items.	Say 3 words. Two words will have the same ending sound, one will not. Ask your child which word has a different ending sound. Repeat with other words.	Have your child write 3 things they hope to learn in kindergarten. You will revisit this list at the end of kindergarten.	Family game night, put together a puzzle.	Have your child use the words "today," "yesterday," and "tomorrow" in separate sentences.
30	31					
Family time, plan a special day of fun activities.	<b>Hello Kindergartener! Talk with your child about what to expect this week and next.</b>					

### Suggested books to read this month:

Kindergarten Books- "Do You Want to be My Friend," " Annabelle Swift, Kindergarten," "Will I Have a Friend," "Vera's First Day of School," "Miss Bindergarten Gets Ready for Kindergarten," "Countdown to Kindergarten." "Look out Kindergarten Here I Come!" "Sheila Rae the Brave." "The Night before Kindergarten." "Monkey not Ready for Kindergarten," "Time for School, Mouse."

Growth mindset books- "It's Okay to Make Mistakes," "Giraffes Can't Dance," "The OK Book," "Beautiful Oops!"