



Healthy School Teams (HST):

The [Wellness Promotion Policy \(2.035\)](#) requires each school to establish a Healthy School Team (HST) to ensure schools are creating healthier environments with a cohesive wellness culture and remain in compliance with the Smart Snacks in School Standards. Under the direction of the Florida Department of Agriculture and Consumer Services (FDACS), the School Food Service (SFS) Department is responsible for the oversight of HST. Per the Statute, the District's [Wellness Promotion Policy \(2.035\)](#) and the [School Food Service \(SFS\) Management Policy \(6.185 Section 5\)](#) each school must:

- Ensure that its Healthy School Team (HST) meets at least biannually to remain in compliance with USDA's Smart Snacks in School Standards and Florida's competitive food rule and to support the goals and objectives of the Wellness Promotion Policy.
- Schedule the **two** required meeting dates and enter the dates for those meetings in the [2023-2024 Healthy School Team Meetings survey](#). After the meetings take place, retain meeting notes in the school's files.
- Complete the required [Food Fundraising Tracking Form \(FY24\)](#) **prior to each food fundraiser** held on campus with one entry form per date. This form is only required when food is sold to students on your campus during the school day. *USDA has defined 'school day' as the period from midnight before to 30 minutes after the end of the official school day (last bell).*
- Maintain a school calendar identifying the dates when exempted competitive food fundraisers occurred.
- Provide an approved copy of the [Fundraising Application/Recap \(PBSD 0153\)](#) to the school's Healthy School Team Leader for each food fundraiser held on campus. This form must be completed by the activity sponsor.
- Complete the required comprehensive Wellness Promotion Policy School Assessment. The Healthy School Team members may assist school administrators in completing this assessment when requested.

The District has various departments working in concert to create a **'Whole School, Whole Community, Whole Child'** (WSCC) culture...a true symphony of services improving learning and health. Each of these departments funnel information directly to their school counterparts or representatives on each campus. When assembling your schools' HST, please keep in mind to

incorporate members from each WSCC component so that there is a cohesive wellness culture established.

The ten (10) **Whole School, Whole Community, Whole Child (WSCC)** components are listed below with an example of members that fall under each component to facilitate your school when establishing your school's HST:

1. **Physical Education & Physical Activity** = PE Teacher
2. **Nutrition Environment & Services** = School Food Service (SFS) Manager, SFS staff member
3. **Counseling, Psychological & Social Services** = School Behavioral Health Professional (SBHP), School Psychologist, School Counselor
4. **Social & Emotional Climate** = Skills for Learning & Life (SLL) Lead, Safe School Ambassador, Positive Behavior Interventions and Supports Team (PBIS)/Internal Coach (IC), Single School Culture Coordinator, School Based Team (SBT) Leader, ESE Representative, Club/Activity Sponsors
5. **Health Education** = Health and/or Academic Teachers, School Counselor, Media Specialist
6. **Health Services** = School Nurse/Health Room Staff, 504 Designee/ESE Coordinator
7. **Employee Wellness** = Wellness Champion (Staff)
8. **Physical Environment** = Green Champion, School Police, School Garden Liaison, School Custodian, School Administration
9. **Family Engagement** = Parents, ESOL Representative, Equity Representative, PTA/PTSA Representation, PTO/PTSO Representative, Title 1 Contact, School Administration and Faculty
10. **Community Involvement** = Non-for-Profit Organizations, Community Stakeholders, Students' clubs and organizations