Wellness Promotion Task Force

The School District of Palm Beach County, Florida

“Spotlight on Students”

May 11, 2017
Welcome & Pledge of Allegiance

Allison Monbleau
School Food Service Director
Recognition of First Time Attendees...
**Mission:** To create an educational forum that allows District and community partners to successfully collaborate in the promotion of healthier lives. With the District’s ultimate goal of improving student performance, the direction of the Wellness Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety of all school children, staff, parents, and the community.
Wellness Promotion Update...

*Paula Triana*
Wellness Promotion Manager
Wellness Promotion Policy (2.035) & Wellness Promotion Web Hub
Meeting Facilitator...

Ric Blackwell
Reporte ~ Producer ~ Multi Media Manager
The Education Network ~ TEN
“Spotlight on Students”
Presentations...
Healthier Together Communities: 
Jupiter, Delray Beach & Lake Worth

Palm Healthcare Foundation, Inc.
Healthier Jupiter

Carrie Browne – Executive Director
**WHO:**
Middle and High School Students in Palm Beach County – The Video must be filmed in the Greater Jupiter Area

**DEADLINE:**
March 10, 2017

**AWARDS:**
- Middle School: Grand Prize $100; 2nd Prize: $75; 3rd Prize: $50
- High School: Grand Prize $100; 2nd Prize: $75; 3rd Prize: $50

In 60 seconds or less students will tackle big-picture questions: making healthy foods fun; adding physical activity to your day or walking and biking safely in Jupiter

**Contest Highlights:**
- In 60 seconds or less (including credit page and Jupiter location where filmed), students will address one of the three topics above in an educational or inspirational way;
- All screenwriting, directing, camera/filming and editing must be done by the student producer;
- Entries must be submitted before 5 p.m. on March 10, 2017;
- Finished films must be uploaded to the students’ YouTube account with the url (and additional information) submitted via a submission form on the HealthierJupiter.org website; and
- Additional details will be available on HealthierJupiter.org

For more information please visit... www.healthierjupiter.org

Healthier Jupiter is a nonprofit community initiative funded by Palm HealthCare Foundation that addresses health and quality of life issues starting with diabetes. Diabetes was selected because promoting healthy lifestyles can lower diabetes risks and complications as well as many other chronic diseases.

**This Initiative Has Four Steps to Help Individuals:**
- Increase awareness of diabetes risks and promote healthy lifestyles;
- Make healthier food choices;
- Become more active; and
- Increase access to necessary medical care.
2nd Place Middle School

Congratulations to our 2017 Student Film Contest Winners

Healthier Jupiter
LIGHTING THE WAY

Tyler Martin/Jake Browne
Independence Middle School
6th Grade
Congratulations to our 2017 Student Film Contest Winners

Adam Goldstick and Anna Lackovic
Bak School of the Arts
8th Grade

1st Place Middle School
Congratulations to our 2017 Student Film Contest Winners

Healthier Jupiter
LIGHTING THE WAY

Adison Burns / Ava Romero
Jupiter Community High School
10th Grade
Any Questions?
WHAT IS TEEN LIFE IN HDb?

Teen Life in HDb is a youth-led group that educates and makes teenagers more aware about mental health and wellness.
OUR GOALS

To make mental health safe and comfortable to talk about.

Those that are affected by it can open up and talk about it without being judged.

Make it a safe space that students will feel free to come ask for help/advice.
WHERE ARE WE LOCATED?

Atlantic Community High School

Carver Middle School

Village Academy
UPCOMING EVENTS

Palm Beach County

GET YOUR ON GREEN

For Mental Health Awareness & Trauma Informed Care

On May 25th

Wear Green

Birth 22

#GetYourGreenOn #GYGO2017

www.GetYourGreenOn.org

Healthier Delray Beach
Our Events This Year
Healthier Lake Worth: Community Solutions to Complex Health Challenges

Palm Healthcare Foundation
Abigail Goodwin, M.A., M.P.H.
Vice President, Grants & Community Investments
Palm Healthcare Foundation

- Our mission is to inspire and fund solutions to improve health in Palm Beach County
Our Approach

- Collaborative Grantmaking
  - Behavioral Health
  - Diabetes
  - Family Caregiving
  - Nursing Advancement
- Social Change Campaigns
  - Diabetes Month
  - Let’s Move
  - Thank A Nurse
- Learning & Capacity Networks
Healthier Together Communities

- Boynton Beach
- Delray Beach
- Glades communities
- Jupiter
- Lake Worth
- Northern West Palm Beach/Riviera Beach
Healthier Lake Worth

- Dialogue to Action Sessions
  - Fall/Winter 2016
  - Focused on Behavioral Health

- Action:
  - Youth Poster Contest to share positive coping strategies addressing life’s stressors
  - Students heard from psychology students about what stress is and positive ways to address stress in their lives
  - Participating sites: For the Children, Salem Evangelical Haitian Luthern Church, BRIDGES at Highland & Adopt-A-Family
Theory of Change for Healthier Together

Palm Beach County will have equitable, thriving, healthy communities with the capacities for sustained action.

Aspirational Goal

Goals by Focus Areas

Healthier Together Goals

- Improve Diabetes Outcomes in target communities
- Improved BH in target communities
- Improve conditions for family caregivers & recipients in target communities

Improved Health Outcomes

Increased Capacity for Action
Contact Information:

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561-837-2279

Andy McAusland, Grants Manager
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561-837-2275
Spotlight on Students Wellness...

*GoNoodle Activity Break:*

Palm Beach School for Autism
Ann Levine, Karen Gold & Students

[Video 1]
[Video 2]
A Tuition-Free, Public, Charter School

- Students from age 3-21
- Programs include: Preschool, Elementary School, Middle School, High School and COMING SOON: Transition Academy
- The largest school of its kind in Florida with over 300 students enrolled
- We offer Speech/Language Therapy, Occupational Therapy, Physical Therapy and Behavioral Therapy
- Additional activities include: technology, performing arts, dance, French club, wood-shop, physical education, vocational training, social skills and daily living skills
Miss Karen’s Class
Heroes in Medicine:

Michael Hamper

Proxies: Mr. Chris Hamper & Mrs. Elizabeth Gough
SCHOOL
“Your normal is my abnormal.”
- Unknown
CONTRIBUTIONS & FUTURE PLANS

FAU
CHARLES E. SCHMIDT COLLEGE OF SCIENCE
Florida Atlantic University

KEEP CALM AND STUDY NEUROSCIENCE
The Weight of Words
Lake Worth Community High School

Ebony O’Neal
Theatre Director

Kayla Villarreal & Jasmin DeJesus
Students
THROUGH TRAGEDY, LESSONS CAN BE LEARNED...
WHAT WILL **YOU** DO WITH THE WEIGHT OF **YOUR** WORDS?
TALK BACK TIME
WE ARE
Lake Worth
AND WE APPROVE
THIS MESSAGE!
Awards & Recognition
Commit 2B Fit Model Schools

Elly Zanin ~ Founder
SY 2016-2017

Jeannine Rizzo, SFS Wellness Coordinator
Commit 2B Fit Model Schools

Congratulations!

Sunrise Park Elementary  Everglades Elementary
Liberty Park Elementary  Equestrian Trails Elementary
Hope-Centennial Elementary  Allamanda Elementary
Other School and Department Based Activities Updates...
Extended Learning
(Afterschool Programming)
*Katheleen Hamilton-Moore*, Manager &
*Mellonie Warren*, Instructional Specialist
Department of Choice & Career Options

Miguel Benavente, MD
Health/Medical Sciences Specialist
Department of Early Childhood Education/Head Start

Dr. Aysha Ilyas
Disability & Health Specialist
Head Start/ Early Head Start Program
Head Start /EHS is a federally funded program that provides comprehensive services to both low-income children and their families.

- Early Head Start: Birth to three year olds (infant, toddlers)
- Head Start: three to four year olds (Preschool, PreK)

Head Start programs support children’s growth and development in a positive learning environment through a variety of services,

  Early Learning
  Health
  Family Well being
The Head Start program is managed by local nonprofit organizations.

The Palm Beach County Head Start Program:
Grantee: Lutheran Services Florida
Delegate: The School District of Palm Beach County
On July 1, 2014, the SDPBC became a new delegate under Lutheran Services Florida, Inc. LSF.
The School District is currently funded to serve 599 Head Start/EHS children in 10 Elementary schools in targeted poverty areas throughout the Palm Beach County.
Head Start: 575 children
EHS: 24 children
Highland, Village Academy, Galaxy, Pine Grove, Glade View, Pioneer Park, Pleasant City, Rolling Green, West Gate and West Riviera.
Delegates are required to have 10% of their children to include children with disabilities for both Head Start/EHS as stated in their contractual agreement.

**Head Start/EHS Health Services:**
- Safety and injury Prevention
- Physical Health
- Nutrition
- Oral Health
- Healthy Active Living
- Health Services Management
- Health Literacy and Family Engagement
- Mental Health Services
- Monthly Parent Newsletter.
Head Start /EHS Health Services Requirements:

Well Baby-Check, School Entry Health Exam, updated immunization:
At first day of entry to classroom.

**30 days requirements:**
Identify ongoing continuous source of medical and dental care.

**45 days requirements:**
Health Screenings:
Social emotional, Developmental, vision, hearing and speech and language.

**Mass Screening Day for 2017-2018 School Year:**
From June 14 to 30, 2017. Health Screening and Dental Exam.

**90 days requirements:**
Determine child’s health status
Blood lead and Hemoglobin tests
Dental exam
Individualized Health Plan for children diagnosed with chronic health concerns.
**EPSDT** (Early and Periodic Screening, Diagnosis and Treatment)
Head Start program requires to adhere to the State EPSDT requirements.

**Extended Follow-ups and Care:**
Facilitate further diagnostic testing, evaluation, treatment and follow-up plan, as appropriate, by a licensed or certified professional for each child identified with a health concern. Failed screening.

**Oral Health Practices:**
Annual Dental exam, child dental provider, Community Dental providers.
Oral Health Preventive care: Fluoride application, tooth brush once a day.
Dental treatment if needed.
Serve healthy food

**Child Nutrition:**
Breakfast, lunch and afternoon snack.
Special Diet: food allergies, intolerance and religious.
K-12 Curriculum

*Eric Stern – Denise Mederios*

K-12 Physical Education, Driver Education, Health Program Planner
High School Graduation Administrator
Department of Safe Schools

Dr. Cathy Burns
Health Services Specialist
Amended Requirements for District Prohibiting Bullying and Harassment

*Revised SB Policy 5.002*

March 1, 2017
Risk & Benefits Management
Employee Wellness

Carlye Fabrikant
Employee Wellness Coordinator

Alyssa Handeland
Assistant Wellness Coordinator
District Heart Challenge: May 1st – 26th
Wear Red Day: May 12th
Heart & Sole Bash: May 13th
Alzheimer’s Lectures: June at FHESC
The Longest Day: June 21st
School Food Service Department

Allison Monbleau
Director
Allamanda Elementary School

Deborah Feinsinger
Health and Wellness Program Coordinator
Gifted Resource Teacher
Community Updates...
211 Helpline – Patrice Schroeder

Center of Child Counseling – Sarah Turner

PBC Substance Awareness Coalition – Alexa Lee
Closing Remarks...

*Erica Whitfield*

School Board Member ~ District 4
Thank You for Coming & Have a Wonderful Summer!

Next District’s WPTF Meeting:
Tuesday, September 12, 2017
Networking starts at 8:00 a.m.
8:30 a.m. – 10:30 a.m.